

# 2017 AKA Kinesiology Conference Report

**Melbourne: 20th - 22nd October 2017  
Amora Hotel, Richmond**

*by Michael Wild*

Will 2017 be the year of 'the best conference ever'? That is up for debate, but many delegates stated this at the end of the conference on Sunday evening and also after the event. Having been to 33 National AKA Conferences myself, marking the 2017 Conference as the best ever is a big statement and perhaps one that comes with the euphoria of the moment. Whatever the case, it certainly was a great conference and kudos to the group involved in executing another excellent event for the AKA. The quality of speakers, content and presentation was worth every penny. In particular, this was highlighted by Marco Rado, the keynote speaker from Italy.



It was Marco who began the conference on Friday night with his lecture on Embryology: The Scientific Way to Describe Meridians. It was truly fascinating material that filled in the missing pieces of the puzzle regarding the meridian energy system and how it unfolds to become the energetic connection for all body parts and functions. Delegates hung on to every word and rejoiced at the complexity that was turned to simplicity with many "ah ha's" and "wow, that's how it all comes together" and "that makes so much sense now". After decades in the field, I was amazed about how much I learned.

Later that night we all gathered in the outdoor marque for drinks and nibbles. Outdoor heaters kept us warm as did the flowing liquid and the array of food. The room was abuzz with conversations and laughter and it was evident that delegates were certainly enjoying themselves.

Saturday morning began with Danny Liddell with a very practical presentation on the widespread issue of pelvic problems and the relationship to sciatica. This was clear and concise information that could be utilised in clinic in a practical way.

Brendan Rohan then presented a deep and thought provoking lecture on integrating kinesiology with flower therapy. Brendan's passion for flower essences and his research of over 20 years came through with exceptional information on what happens at the point in a kinesiology balance when a flower essences shows up. Many of us just pop in a drop or put it into circuit etc., but Brendan highlighted a new world of what really happens at the point.

Our second keynote speaker, Charles Krebs, followed with his paper on acupuncture formatting and with that came much technical, scientific and researched material that we have come to expect from Charles. Kinesiology worldwide is so fortunate to have someone in this area of Kinesiology and we are extra fortunate for his continued presence here.

After lunch came Jenne Burns with her students' study on the efficacy of kinesiology in working with sleep disorders, demonstrating the validity of kinesiology techniques. This was followed by Parijat Wismer with healthy aging protocols to keep us well into the future.

Then came, Michael Christian, the first non-kinesiology lecture for the conference. What a beautiful talk on a what perhaps may have seemed a dry topic from an optometrist - vision. Though Michael is an op-

tometrists, he is one with a new vision (pardon the pun) on the concept of seeing. With quantum physics, light and consciousness, Michael brought his metaphysical understanding and experience right down to earth for us to witness something very special.

Throughout the day, many attendees had frequented the trade tables in the adjacent room. Having been a stall holder at so many conferences, it was evident the stall area was lacking a bit of variety - not the usual number of stalls we see at big conferences. However the stalls that were there were very well presented and had plenty to offer intrinsically. The area was still a hive of activity despite the shortfall on a broader range.



Saturday night was the usual dinner dance where we got up and danced the hell out of the evening. One thing I have noted about Saturday night dances at kinesiology conferences is that the band often comments with amazement at how quickly and eagerly the participants get up and dance. This time was no exception. We all had another energetic and fun time.



First up on Sunday morning was Christine Love doing a short segment to get delegates inspired for Kinesiology Week next year. Then came Hugo Tobar speaking on the reptilian vagus and inevitable burn-out widespread in our frenetic lifestyles.

Next came Mary Campbell, the second of our non-kinesiology speakers. She was invited to speak on ethical super and investing specifically for kinesiologists. This is an extremely important topic for our world today and it was disappointing that so many delegates decided to skip this one. Nonetheless, Mary presented well and some delegates missed a topic that in fact hits at the very core of why we do what we do.



Gordon Dickson, another regular conference speaker, presented on how to help clients, family and friends with mental health issues - very relevant in today's world where these problems are on the increase.

Marco Rado, in his second presentation for the conference, spoke on the 3 brains. A hot and still emerging topic. The cranial, enteric and cardiac structures are real brains working and functioning in an integrated way and as with his Friday night lecture, he delivered with intrigue.

By now we had the last of 3 skills auctions presented by Brendan O'Hara and myself. The skills auctions are a special part of the entertainment and both Brendan and I love doing them when we happen to merge at the same conference. While they are always hilarious it was hard to beat the hilarity of the second session on Saturday afternoon. I ended up crying with laughter on stage which was a first for me. We both had trouble composing ourselves however we somehow managed to get through all the auction items. Thanks to those who offered their skills and products and those who willingly purchased them.

After lunch Philip Rafferty presented a controversial yet thought provoking topic - balancing gardasil issues.

The last presentation was a perfecting ending to the conference. Robbi Zeck, author of *The Blossoming Heart*, gave an inspirational and heart-warming finale. She spoke on building a thriving heart-centered business, while being a part of greater vision for all. Robbi took everyone through processes that investigated our inner workings and inspired us towards bigger and better things for the collective.

So ended another annual event and an important segment in information gathering and social networking for Kinesiology. Conferences are an integral part of the Kinesiology field, providing the one constant year after year when everything else seems to be changing in one direction or another. If you have never attended a Kinesiology Conference I recommend them highly and hope to see you next year, in Tassie. Wait, what the....?

## Did You Know?

The first ever Kinesiology Conference in Australia was way back in 1984 on the Gold Coast in Queensland. At the time it was under the label of Touch For Health (TFH) as that was, in the main, the only course in muscle testing available (unless one was a Chiro or some other professional, then AK courses were an option). This Conference was hosted by the TFH Association of QLD.

The next Conference was hosted in Melbourne in 1985 by the TFH Association of Victoria (which later became the Kinesiology Association of Victoria).

By 1986 the individual TFH Associations around the country joined their enthusiasm and energy to form a national body called the TFH Association of Australasia, which included NZ. This body became the Australian Kinesiology Association in the 90's. Also in 1986 the 3rd annual conference was hosted by the TFH Association of NSW and the first under the banner of the national body. The AKA has had an annual conference ever since and next year, for 2018, it will be the 35th annual conference and also for the first time in Tasmania. Please look our for details on the AKA website in early 2017, or on Equilibrium's Kinesiology Supplies homepage: [www.kinesiologyshop.com](http://www.kinesiologyshop.com)