

EQ News #37

November 2011

# EQUILIBRIUM'S

## Kinesiology Catalogue Supplement

[www.kinesiologyshop.com](http://www.kinesiologyshop.com)



### 2011 Australian Kinesiology Conference Journal

**SOLD OUT (enquire about 2012 edition)**

*All papers of the presentations from the National Kinesiology*

*Conference in Fremantle, WA, September 2011. Includes 4 bonus papers. Presentation Topics:*

- Contributions from Bio-Kinesiology by *Wayne Topping Ph.D.*
- How Homeostasis & Stress Combined with Chaos Theory & Quantum Mechanics Provide a New Model for Energetic Healing by *Charles Krebs Ph.D.*
- Why Busy People Die Young by *Peter Dingle Ph.D.*
- Prostate Health - Are We Missing Something by *Lisa Throssell RN*
- Something Somewhere Has Changed - The Concept of Asymmetric Cortical Function by *Randy Beck Ph.D.*
- The Chi of Vibrant Wellbeing & Fertility by *Parijat Wismer*
- Kinesiology - What's in a Name? by *Irene Oram*
- Application of Creative Arts in Empowerment for Children with Dyspraxia by *Mikailah Lehmann OT*
- Kinesiology and Aromatherapy by *Kirsten Hocking*
- The Eight Extra Meridians by *Wayne Topping Ph.D.*
- Body Nutrition by *John Holodnak ND*
- Balancing the TMJ by *Philip Rafferty*
- Brain Integration as a Means of Mental Hygiene and General Wellbeing by *Dorothea Bassett*
- Hidden Dimensions & Influences that Impact Our Lives by *Sylvia Marina ND*
- Golden Age Essences by *Annette Krah*
- Kolor Kinesiology Eases Anxiety in Children by *Rainbow Gold A. Theol. B.Ed.*
- Rotation - Nutrition for the Brain (RNB) by *Judith Gorlesky*
- Coaching, Counselling and Kinesiology - What's the Difference by *Gordon Dickson*



### Movements That Heal Rhythmic Movement Training & Primitive Reflex Integration

*Harold Blomberg M.D. with Moira Dempsey*  
**\$29.00**

Movements that Heal looks at the Rhythmic Movement Training and Primitive Reflex Integration programme. In doing so it discusses the developmental and environmental reasons behind many learning, sensory, emotional and behavioural challenges. Of great interest to many would be the infant motor development and reflexes chapters that include information about their relevance & relationship to the limbic system, prefrontal cortex etc. Movements That Heal also includes case studies and many explanations and connections in the primitive reflex area. Bound to be an important book for any interested in this area.



### KINESIOLOGY by Jane Thurnell-Read

**\$22.00**

A fantastic 'What is Kinesiology' type book that is both detailed and broad across the Kinesiology field. Learn about the history of kinesiology and the different systems that have evolved: Touch for Health, Applied Physiology, Health Kinesiology, Kinergetics, PKP, Three In One and more (30 systems covered). Read about the key concepts & terms, and also about corrections methods and what happens in a session. Includes case studies from around the world and accounts of how practitioners and system developers got involved in this amazing therapy. As the newest publication of its kind, this book is up to date with its information and also is unsurpassed as a detailed introduction to the field. Great for the public, for beginning students and for the kinesiologist wishing to loan or hand out, or use a reference.



**Essences Description Manual**  
Descriptions of over 500 essences from 9 Essence Ranges: **\$15.00**

Equilibrium supplies products from 9 different ranges of Essences, including Bach Flower, Bush Flower, Desert Alchemy, Shell Essences. For more information go to: <http://www.kinesiologyshop.com/eqop.html> or request our Essences Info & Pricelist be mailed or emailed to you.

## Allergy Manuals for Kinesiology

These manuals have been produced by Queensland Kinesiologist, Raneë Zeller. After completing many hours of courses on allergies, Raneë found that the information did not present adequately for Kinesiology use. Consequently she has gathered and presented all the broad allergy information for specific use by Kinesiologists, students and interested people. Much of the information can also be viewed as scan lists. These manuals fill a huge void in the practical, clinical part of the Kinesiology field, and will save people time & money in researching or attending non kinesiology courses to gather the same info.



### Big Book of Allergies \$65

This manual is a comprehensive reference for all things under the topic of allergies. For the Kinesiologist and student it is full of scan lists and topics that can be covered when allergy balancing/testing with clients. Initially it includes explanations

of allergy types, medical viewpoints & medical & natural testing, but the bulk of the manual is made up of listings of all possible allergens categorised into various topics with some definitions. For example: Foods, Health & Beauty, Coeliac, Nut Allergies, Salicylates, Dairy, Food Additives, Chemicals, Pests, Airborne Allergens etc.

#### Free Downloads:

With your purchase of the Big Book of Allergies you can download free, any of 6 chapter/topic excerpts that you can share with friends or clients. These topics are:

- Diary Allergies
- Nut Allergies
- Coeliac & Grains
- Salicylate Allergies
- Vaccination
- Recreational Drugs

**NOTE:** these topics are covered in the Big Book of Allergies, but can be downloaded free with purchase of this book. However they are also available as separate manuals for \$18.50 each.



### Kinesiology Tool Kit Allergy Edition \$33

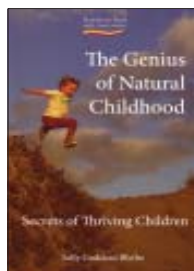
This manual is for the experienced or proficient Kinesiologist and is a clinical protocol, formatted to be used in conjunction with the Big Book of Allergies above, though it is possible to use it alone. It offers pretests, kinesiology questions

regarding specific allergies, correction strategies and sabotage checking. It may be of value to those looking for a methodology for using the Big Book of Allergies, but is not an absolute requirement.

## NEW from Sally Goddard-Blythe

### The Genius of Natural Childhood

\$34



Fifty-two percent of parents admit they never read to their child. Toddlers watch 4 hours of television daily. More children who are obese, enter school developmentally delayed and need special education. So Sally Goddard Blythe draws on neuroscience to unpack the wisdom of nursery rhymes, playing traditional games and fairy stories for healthy child development.

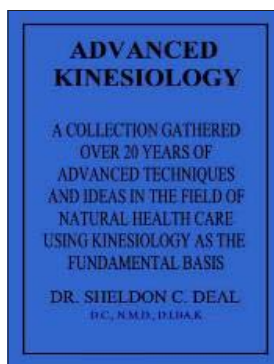
She explains why movement matters and how games develop children's skills at different stages of development. She also offers a starter kit of stories, action games, songs and rhymes.

Also available by Sally Goddard Blythe:

Reflexes, Learning & Behaviour \$55

The Well Balanced Child \$34

What Babies & Children Really Need \$40



### Advanced Kinesiology

by Sheldon Deal DC

\$143

Now Available Again

A collection of over 20 years of advanced techniques and ideas in the field of natural healing using kinesiology. Sheldon Deal

is a pioneer in the field of Kinesiology and one of the original group who set up the International College of Applied Kinesiology (ICAK). The book is called "Advanced Kinesiology" because it deals with techniques, which are for the most part above and beyond what is taught in ICAK's basic one hundred hour course. The 247 page, spiral bound & easy to use manual covers over 250 topics about manual muscle testing and advanced kinesiology techniques, including.....

- Muscle Testing Guidelines
- Contra-indications
- Meridians
- Vibrational Medicine
- Addictive Substances
- Alkaline Indicator
- Anatomical Short Leg
- Autogenic Inhibition
- Blood Pressure
- Candida
- Electro Magnetic Field Sensitivity & MORE (250 topics)
- Cerebellum Technique
- Chakras
- Chronic Fatigue Syndrome
- Cranial Faults
- Folic Acid Deficiency
- Gait Extra 4
- Heavy Metal Toxicity
- Hypertonic Muscle
- Knee Problems
- Injury Recall

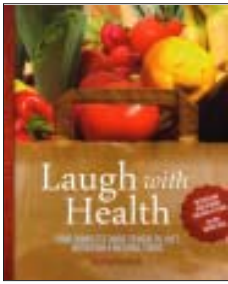
### SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:

[www.kinesiologyshop.com](http://www.kinesiologyshop.com)

Click on the downloads link and choose sale items.

## New in General



### Laugh With Health \$35

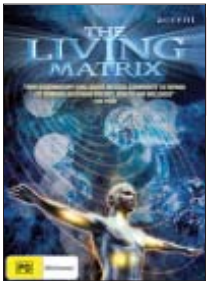
NEW EDITION of this long time CLASSIC!

Laugh with Health is a complete guide to health, diet, nutrition and natural foods. Now completely revised and updated, this practical,

easy-to-use book includes:

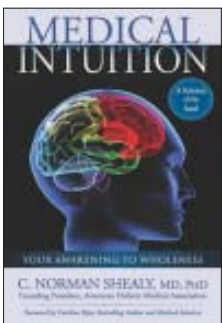
- unique food charts and vital health hints for everyday use
- a detailed explanation of 36 essential vitamins and minerals
- food combination charts for improved digestion and health
- simple recipe ideas based on a full range of natural foods
- specific natural food diets for various common health conditions

**Recommended by medical doctors and naturopaths. In print for over 30 years, it has been the top-selling Australian health book for the last 10 years.**



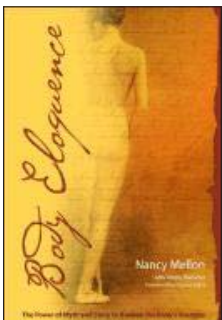
### The Living Matrix DVD \$30

Dynamic graphic-animation is woven with interviews with leading researchers and health practitioners as they share their discoveries on the 'miracle cures' traditional medicine can't explain. These experts reveal how energy and information fields - not genetics - drive human physiology and biochemistry, and illustrate the benefits of integrating conventional and alternative health care. Full Length Film.



### Medical Intuition \$24

This book is a primer to medical intuition. Building on the significant history of the use of this field, Dr. Norman Shealy, perhaps the foremost expert on medical intuition, provides us with a path to using our innate intuition to develop optimal personal power and health.



### Body Eloquence \$33

Drawing from mythology, medicine, biology and energetic healing, master storyteller Nancy Mellon finds the essential stories that characterize each organ of the human body, and trains us how to use these resources to identify the messages that our organs are communicating to us.

These archetypes are found in mythologies from Native American traditions to Scandinavian tribes to Greek history, and are woven together in a fascinating matrix, showing how our organs are part of our psyche, our history, and our collective mythology. **A Best Book Awards Winner. Excellent & Unique Material. Limited copies available. May require back ordering with freight component.**

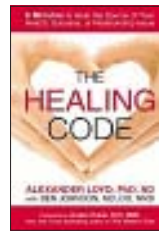
## Best-Sellers Last Newsletter



### Power Up Your Brain \$33

The Neuroscience of Enlightenment by David Perlmutter & Alberto Villoldo

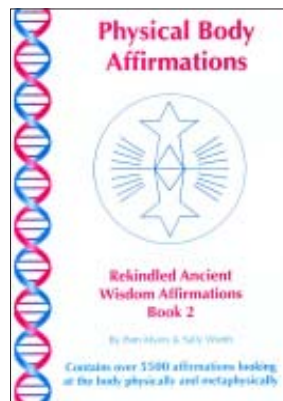
In the wake of new information coming out these days on the 'New Biology' and 'neuroplasticity' of the brain, this book, ties up a lot of recent research and experience into a fascinating and very usable text. Two established authors combine their respective fields of neurophysiology and spirituality to produce a most practical, hands on and unique approach to improving brain function and quality of life. A lot of books go on about such things but this is the real deal in respect to joining cutting edge neuroscience and enlightenment for greater potential.



### The Healing Code \$33

Heal The Source of Your Issues by Alex Lloyd & Ben Johnson

In 2001, Dr. Alex Loyd discovered how to activate a physical function built into the body that consistently and predictably removes the source of 95% of all illness and disease so that the neuro-immune system takes over its job of healing whatever is wrong with the body. His findings were validated by tests and by the thousands of people from all over the world who have used The Healing Codes system to heal virtually any physical, emotional, or relational issue, as well as realize breakthroughs in success. Hot on theory and great on practical material.



### Physical Body Affirmations \$38

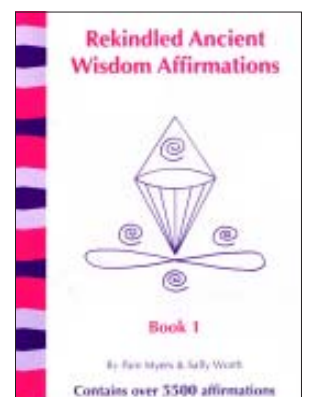
by Pam Myers & Sally Worth \$38.00

### Book 2 Affirmation Manual from Rekindled Ancient Wisdom.

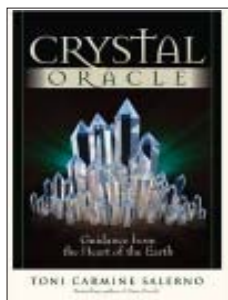
After the huge success of the Rekindled Ancient Wisdom 5500 Affirmation book, Sally &

Pam have released a Book 2, which contains Physical Body Affirmations only. As with their earlier book (now called Book 1) the Physical Body Affirmations also contains over 5500 affirmations grouped page by page into the physical parts, or functions, of the body and their accompanying metaphysical affirmations. There are 140 topics with 40 affirmations per page.

**RAW Book 1 also available  
5500 Affirmations  
\$38.00**

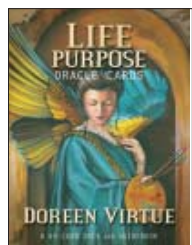


## New Card Decks



### Crystal Oracle CARDS \$30

A beautifully presented set of 44 guidance cards featuring full colour photographs of crystals, gems and minerals. This deck also includes an easy-to-use 88 page guidebook. One of Toni Salernos best-loved oracle decks, totally revamped and updated for a brand new audience.



### Life Purpose Oracle CARDS \$20

This card deck by Doreen Virtue will allow you to conduct accurate and trustworthy readings to explore your life purpose. Each of the 44 beautifully illustrated cards contains an illuminating message from the angels related to this topic.

## New from Michael Wild



### Goodbye Earth, Hello Cosmos CD \$25

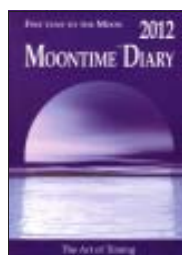
*A Musical Journey into Space and Beyond* by James and Michael Wild

Goodbye Earth, Hello Cosmos is an album of cosmic fascination and discovery - a kaleidoscope of creative musical spirit. Michael Wild's ambient, ethereal compositions mixed with the cruising percussion from brother James, gives these tracks a chillout feel that is fresh, unworldly, rich and resplendent.

Simply hop in your spaceship, put on the music and take off. You will be rewarded with an inspirational journey from planet earth out into the mysteries of the universe.

Terrific for travelling or just lounging in any cosmic space.

Listen to 2 tracks on YouTube: Go to [www.innermusic.com.au](http://www.innermusic.com.au)



### 2012 Moon Diaries

2012 Moon Dairy \$30  
2012 Moontime Diary \$33  
2012 Lunar Diary \$25  
Plus 2012 Calendars  
(please enquire)



### Astrological Moon Planting Guide 2012 poster

Paper: \$9.50 Laminated \$15.00

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