

EQUILIBRIUM'S

Kinesiology Catalogue Supplement

www.kinesiologyshop.com



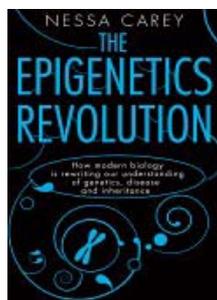
2012 Australian Kinesiology Conference Journal

Papers from all presentations at the 2012 AKA Conference, Adelaide, October 2012

\$28.00

Includes the following papers

- Survival Code - Suppression by Andrew Verity
- Airway, Breathing, Circulation & Kinesiology by Margaret Thomson
- The Secret Life of Food Frequencies and Why it Matters by Dr. Donald Bartram
- NLP in the Kinesiology Context by Paul Bennett
- What's all the Buzz about RMT by Margaret Howden
- The Power of Your Spirit by Penny Sarah
- Autism - Brains in Crisis by Anke Koelman
- Taking the Heat Out of the Vaccination Debate by Kathy Scarborough
- The Principles of Flower Essence Therapy by Brendan Rohan
- Should Obstructions of Consciousness be a Core Concern by Greg Galton
- Words, Words, Words by Elizabeth Briggs
- Healing Oils of the Bible by Steve Powell
- The Chi of Money & Self Esteem by Parijat Wismer



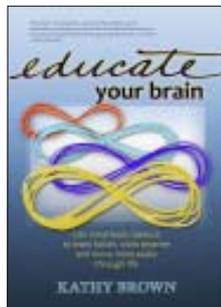
The Epigenetics Revolution

by Nessa Carey
\$44 (HC)

Epigenetics can potentially revolutionise our understanding of the structure and behaviour of life on

Earth. It explains why mapping an organism's genetic code is not enough and shows how nurture along with nature engineers biological diversity and success. Carey examines the 20 year history of the field, while highlighting latest findings and innovations in a great read on the scientific side of Epigenetics. For those who have read Bruce Lipton and Dawson Church, or want an intro, this book provides a deeper understanding of the field.

Also available: Biology of Belief by Bruce Lipton \$22
Genie In Your Genes by Dawson Church \$35

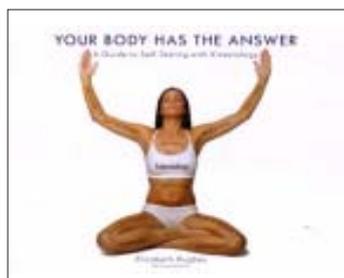


Educate Your Brain

by Kathy Brown
\$33.00

In Educate Your Brain, Kathy Brown has brought together the simplified basics of the Brain Gym program.

The first chapters go step-by-step through the PACE process, describing the four Brain Gym movements that are its components, and how they work together as the perfect boost for living and learning. The middle chapters explore diverse elements of theory and practice, from understanding the balance process and why movement is necessary for learning and reading, to exploring whole-brain processing, The Three Dimensions, and more. The final chapters illustrate how Brain Gym can be used in a wide variety of situations throughout life: the workplace, in sports, in the classroom, as a personal growth and stress management tool, and in the home. Throughout, she uses stories of clients, and the text includes over 70 photographs, charts, and illustrations. **Paul Dennison, co-creator of the Brain Gym program, says: "I found it a joy to read this book."**



Your Body Has the Answer

by Elizabeth Hughes
\$50.00

Your Body Has the Answer is self help guide to kinesiology that allows one to explore the cause of one's ailment and discover the best treatment for it.

The book is divided into 4 parts:

1. How to Use this book - identifying & looking up conditions.
2. Self Testing Techniques - simple techniques to allow you to ask your body questions.
3. 50 Common Ailments - from acne to yeast infections
4. Treatment Applications - Descriptions on applying the treatments for each condition in 3 above.

The bulk of the book is taken up by Part 3 above. Each condition has 2 pages of corrections or treatments in the form of affirmations, meridian work, essences, oils, reflex points, etc.

A full colour, glossy, professional presentation.

Spotlight ASD:

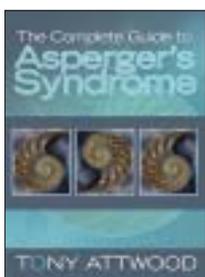
Books about Autism Spectrum Disorder & related. Very relevant to Kinesiology work these days.....



Kids in the Syndrome Mix \$28

ADHD, LD, Asperger's, Tourette's, Bipolar, Sensory Integration Dysfunction, OCD and More! Concise guide to the whole range of neuro-behavioural disorders in children.

From detection of the problem, to good advice on coping, managing, and treatment for these various disorders. Invaluable help for families, teachers, etc. Considered the best in it's field. Includes ideas and activities which are applicable and useable in any setting whether it be at home or school. Perfectly balanced advice between factual and explanatory and leaves the reader with a clear idea of (and more confidence in) how to approach situations in a calm manner. **By Martin L Kutscher**

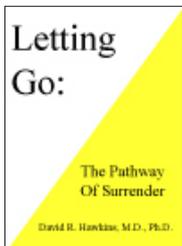


The Complete Guide to Asperger's Syndrome \$39

An encyclopedia on Asperger's syndrome written in easy-to-read non-technical language. It will be especially useful for helping

individuals with Asperger's, parents and professionals understand the social difficulties. There is a good mix of research information, first person reports and clinical information. The author emphasises the fact that the individuals concerned have special skills as well as disabilities. He makes imaginative but practical suggestions for helping people with the syndrome, their families and others who are involved. **By Tony Attwood**

New in David Hawkins



Letting Go \$33 The Pathway of Surrender

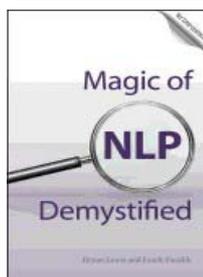
This present work describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the author's clinical

psychiatric practice, the primary aim was to seek the most effective ways to relieve human suffering in all its many forms. The letting go technique (surrender) was found to be of great practical benefit and is described in this book.

David Hawkins is renowned for his spiritual teachings. More specifically in the Kinesiology field he is known for his work in 'calibrating consciousness' first outlined in 'Power VS Force'. All his books are available from Equilibrium. Please request a catalogue of his titles or go our website link:

<http://www.kinesiologyshop.com/eqgen5.htm>

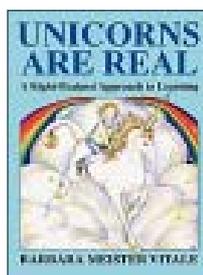
Back in Print/New Editions



The Magic of NLP Demystified \$39

With new and updated material this best-selling work which has long been regarded as one of the best introductions to NLP and, in particular, its Language of Communication model.

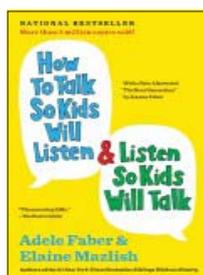
Managers, sales people, consultants, therapists, parents, educators anyone interested in or involved with influential communications and personal change - will benefit from reading this book, which is written in an informal and entertaining style. **By Byron Lewis**



Unicorns Are Real \$29

Back In print ! - this invaluable book presents a series of simple, imaginative, and proven exercises to help right-brained children develop needed academic skills. A mega-best seller providing 65 practical, easy-to-

follow lessons to develop the much-ignored right-brain tendencies of children. Includes an easy-to-administer screening checklist for parents and teachers which enables them to identify individual learning preferences and determine hemisphere dominance. Learn how to utilize colours, shapes, movement, visualisations, touch and sound to help students of all ages to read, tell time, add, subtract, and even spell. Included are engaging instructional activities that draw on the intuitive, nonverbal abilities of the right brain. **By Barbara Vitale**



How to Talk so Kids will Listen \$25

"Updated with new insights from the next generation"

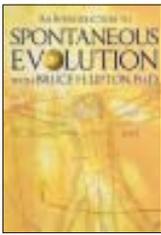
A bestselling book that will give you the know-how you need to be more "effective" with your children and more

"supportive" of yourself. Enthusiastically praised by parents and professionals around the world, the down-to-earth, respectful approach of Adele Faber and Elaine Mazlish makes relationships with children of all ages "less stressful" and "more rewarding"

Their methods of communication, illustrated with delightful cartoons showing the skills in action, offer innovative ways to solve common problems. You'll learn how to:

- * Cope with your child's negative feelings, frustration, disappointment, anger, etc.
- * Express your anger without being hurtful
- * Engage your child's willing cooperation
- * Set firm limits and still maintain goodwill
- * Use alternatives to punishment
- * Resolve family conflicts peacefully

By Adele Faber and Elaine Mazlish

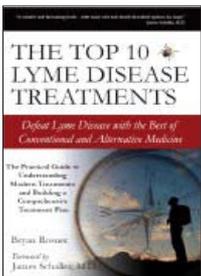


An Introduction to Spontaneous Evolution DVD \$28

According to eminent biologist Bruce H. Lipton, PhD, we are surrounded proof that we are poised to take an incredible step forward in the growth of our species. From an evolutionary standpoint, we are exactly where we need to be. Bruce presents compelling evidence that shows how our collective perceptions are contributing to global crises and how, by changing those perceptions, civilization will thrive into the future. Presented at the 'I Can Do It' conference, November, 2010.

For many other inspirational and health minded DVD's see our website link at:

<http://www.kinesiologyshop.com/eqob7.htm>

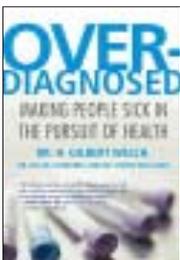


The Top 10 Lyme Disease Treatments \$45

Defeat Lyme Disease with the Best of Conventional & Alternative Medicine.

Lyme Disease is one of the most stubborn, treatment-resistant infections in the world. It is also spreading rapidly on all continents with more than 200,000 new cases per year in the US alone. This book relies on worldwide research and presents 10 breakthrough treatments. The first 5 treatments covered are the core treatment protocols: The Antibiotic Rotation Protocol, the Marshall Protocol, the Salt/Vitamin C protocol, and Detoxification. The second 5 treatments presented are the supportive supplements: Systemic Enzymes, Magnosteen, Lithium Orotate, Coenzyme Q10, and Magnesium. Read this book for a complete Lyme Disease education. By Brian Rosner.

Also available Lyme Test Kit - 61 vials Please enquire for contents list and P&A



Over Diagnosed \$25

Making People Sick in the Pursuit of Health

This brilliantly researched, well-argued and clearly written book will help us avoid the unnecessary tests, drugs surgeries, and anxiety that are the inevitable outcome of our epidemic of over diagnosis. Doctors have begun to leave no test undone, no abnormality overlooked; and profits are being made from screenings, medical procedures, and pharmaceuticals. A compelling case against excessive medical screening & the myth that early, aggressive treatments are best. By Dr. H. Gilbert Welch.

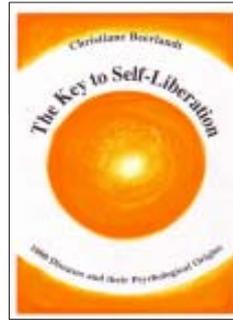
SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:

www.kinesiologyshop.com

Click on the downloads link and choose sale items.

Best-Sellers Last Newsletter



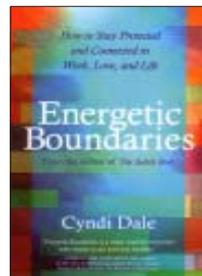
The Key to Self Liberation

by Christiane Beerlandt **\$79.00**

1000 Diseases and their Psychological Origins

This huge work shows the psychological-emotional origins and solutions of disease, illnesses and symptoms, in a 700 plus page hardcover volume. The first part of the book offers innovative philosophical viewpoints and practical guidelines to take your own life in hand. The second part contains entries about 1000 diseases including symbolism of the organs and other parts of the body. Every ailment or condition is covered in significant detail. The Key to Self Liberation is a wealth of information - the largest compendium ever written on the metaphysical or underlying causes of ill health.

An excellent & Extremely Valuable Reference !

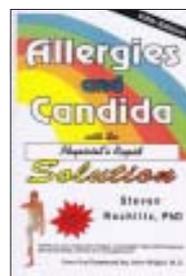


Energetic Boundaries

by Cyndi Dale **\$27.00**

How to Stay Protected and Connected in Work, Love & Life

Our "spiritual borders" are more than just defences, they are our soul's way of communicating to the universe what we do and don't want to experience in life. Includes: Our four energetic boundaries-how they function, and techniques for strengthening each one - Self-diagnosis instructions for determining where your boundaries are weakest - How to signal the world that you are ready for success and prosperity - Special guidance for healers, sensitives, and people whose work regularly exposes them to strong emotional forces - Balancing intimacy and separation in relationships and parenting. Filled with insights, practical guidance, and techniques. By reknowned energetic healing author, Cyndi Dale.



Books by Steven Rochlitz

As advertised last newsletter...

2 new titles and 3 previous titles in new edition or back in print. From Steve Rochlitz of Human Ecology Balancing Sciences - kinesiology research & development since the 1980's.

1. Allergies & Candida \$35 (Back in Print)

2. Porphyria: Beyond Allergies & Candida: \$49.00 (New Edition)

3. Supercharge Your Heart in Seconds: \$35 (New Edition)

4. The Hole in the Heart: Which 1 out of 3 of us Has. AND 'Blood-Brain Barrier Permeability In Chronic & Environmental Illness'. \$25 (2 books in one - Just published 2012)

5. Hiatal Hernia Syndrome/Vagus Nerve Imbalance: A Missing Link To Chronic Illness, Allergies and Longevity. \$25 (New Edition)

New Products



Luna Tuning Fork Set \$115.00

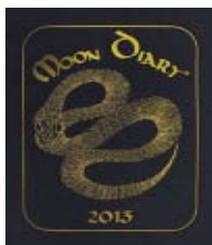
Our bodies are primarily water and are naturally responsive to lunar influences. Because of this relationship, the Mid and Low Luna 5th are excellent choices for treating conditions of fluid retention, sinus and lung congestion, arthritis and chronic joint pain, dispersing obstruction and stasis, freeing the Qi and activating the body's central

energetic pathways.

Package includes Mid Luna Tuning Fork (210.42 Hz), Low Luna Tuning Fork (105.21 Hz), Instructions for Use.

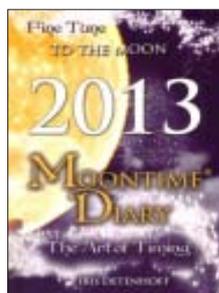
Can be enhanced when combined with the Ohm Fork to create the Planetary 5th - please enquire about the Ohm Frequency Tuning Forks or go to:

<http://www.kinesiologyshop.com/eqopohm.htm>

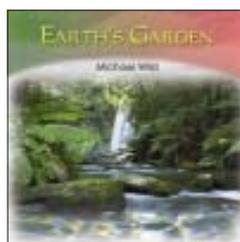


2013 Moon Diaries

2013 Moon Dairy \$30
2013 Moontime Diary \$33
2013 Lunar Diary \$25
Plus 2013 Calendars & Dairies (please enquire)



New in CD: Michael Wild



Earth's Garden \$25.00

Latest CD (October 2012) from Michael Wild.

Relaxing music dedicated to the Plant Kingdom that sustains our Planet Earth. Contains Nature

Sounds scattered throughout. This new CD is not as 'spacey' as Michael's other recent releases. The gentle strings accompanying the occasional Nature Sounds give it a more contemporary, grounding feel. It does however retain the free flowing nature of his past music making it perfect for relaxation, various therapies or just plain background listening. Earth's Garden can be likened to a 'soft & gentle symphony', with its undulating strings and passive, non intrusive melodies.. Total CD time is 65 minutes.

2013 Astrological Moon Planting Poster

Paper: \$9.50

Laminated \$15.00

2013 Moon Phases Strip Poster: \$11 paper only

INTERNATIONAL ORDERS

Cost Of Your Order:

We recommend you email us your potential order so we can quote you on the cost of your order including freight to your country. Prices in our catalogues & newsletters and on our website are in Australian Dollars and include our local taxes. International orders are tax free, so the prices will be less than shown in this newsletter. We can also offer a quote in your currency.

How To Order:

EMAIL: Email your order to info@kinesiologyshop.com with your Visa or MasterCard details. If you would like different options for doing this let us know.

FAX: Fill out the international order form on the next page and fax to **61 3 9 578 1468**

IMT: If you would like to arrange an International Money Transfer please contact us for details

PAYPAL: We can send you a paypal invoice so you can pay via paypal.

- Orders are sent Airmail, unless otherwise requested. Express services are available.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for over 27 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild

