

# EQUILIBRIUM'S

## Kinesiology Catalogue Supplement

[www.kinesiologyshop.com](http://www.kinesiologyshop.com)



### NEW TEST KITS

2013

#### • Sweeteners Test Kit



Various natural and artificial sweeteners including sugar, honey, fructose, corn syrup, stevia, aspartame, sucralose, sorbitol, malasses, maple syrup and xylitol, for example. **24 vials, \$77**

#### • Milk & Milk Substitutes Test Kit



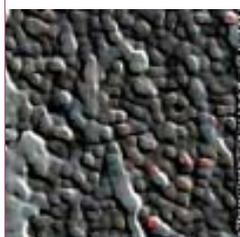
Includes lactose-free cows' milk, A2 cow's milk, sheep's milk, buffalo milk, goat's milk as well as almond, rice, soya and oat milks. **18 vials, \$55**

#### • Mushrooms Test Kit

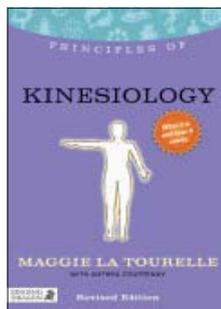


Various mushrooms including Chestnut, Shitake, Porcini, Oyster, White Button and truffles. **14 vials, \$44**

#### • Fungi Test Kit: Number 3



Additional important fungi, many of which produce mycotoxins that are dangerous for human health. This is one of three Fungus Kits. We often think viruses are the most important threat, but fungal infections, while often less dramatic, can have profound and long lasting effects on health. **24 vials, \$79**



### Principles of Kinesiology

by Maggie La Tourelle  
& Anthea Courtenay

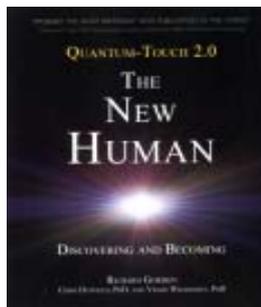
**\$25**

**What it is, how it works, and what it can do for you (Revised Edition)**

A classic 'What Is Kinesiology' paperback from the UK, that has been revised and back in print.

Chapters & Sections Include:

Foreword by John F. Thie, D.C. Introduction. Some Definitions. What is Kinesiology? Muscle Testing. Energy. Balance and Imbalance.; 1. The Development of Kinesiology. 2. How Kinesiology Can Help. 3. Visits to a Kinesiologist. 4. Kinesiology Assessments. 5. Balancing: Corrections and Treatment. 7. Branches of Kinesiology. 8. Kinesiology as an Adjunct to Holistic Medicine. 9. The Future. Conclusion. Appendix A: Touch for Health - Summary of Workshop Content.; Appendix B: Principle International Kinesiology Organizations. **200 pages**



### The New Human

by Richard Gordon

**\$29.00**

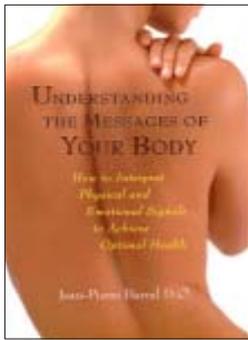
#### Quantum Touch 2.0

The founder of Quantum-Touch, Richard Gordon is a recognized pioneer in the field of energy healing. The famous Quantum Touch Series has been expanded and upgraded with this new title designated as **Quantum Touch 2.0**. Practitioners can convert heart awareness into a tangible, potent healing instrument, allowing anyone to access the innate human ability to heal not only ourselves and each other, but our planet. Through simple exercises, you will quickly and comfortably begin to use some astonishing lost, forgotten or unknown healing abilities. You will learn to achieve practical results by focusing and amplifying your love - which is much more powerful than just an electrochemical reaction in the brain.

*"Quantum Touch 2.0 is true energy medicine. This technique is cutting-edge, and its easy to learn. I have seen it produce immediate results. Once this information goes global we will experience a major decline in all health challenges"* - Howard Elkin MD.

**SEE INSIDE FOR MORE NEW KITS**

# Emotions



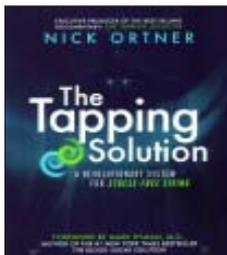
## Understanding the Message of Your Body \$27

### How to Interpret Physical & Emotional Signals to Achieve Optimum Health

Stresses and trauma accumulate in areas of the body that Dr. Barral calls our 'weakest link'. This book discusses each organ and its complex relationship with the rest of the body, explaining how pain can originate with an emotional upset that creates distress in an organ, or how a physically damaged organ can cause emotional problems. Also covered are detailed analyses of various "types" of human personality and the physical-emotional complexes and related organ dysfunctions that accompany them. The author offers advice and encouragement to improve physical, psychological, and emotional health that can be used by both professional therapists and the public. Can also be used as a reference.

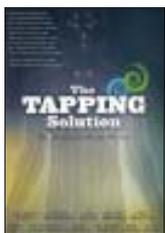
By **Jean-Pierre Barral D.O.**

## The Tapping Solution



### BOOK \$20

The book about EFT - Nick Ortner gives his readers a wealth of information on the history of tapping, the proper way to tap, and personal accounts of the ways tapping has successfully enriched lives. What a delightful resource. Healing from negative emotions, physical pain, anxiety, and so much more. A wonderful way to rewire your brain for an amazing life.



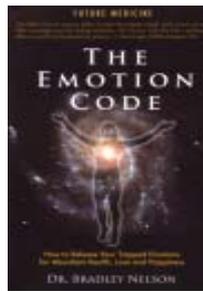
### DVD \$30

An excellent documentary film that explores the Emotional Freedom Technique (EFT), a tapping technique based on ancient Chinese acupressure and modern kinesiology. Covers people's experiences of the technique with PTSD, chronic back pain, fears & phobias, addictions and more. Includes commentary from people like Bruce Lipton, Bob Proctor & Joe Vitale. Eye opening viewing on this technique.

For many other inspirational and health minded DVD's see our website link at:  
<http://www.kinesiologysshop.com/eqob7.htm>

### SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:  
[www.kinesiologysshop.com](http://www.kinesiologysshop.com)  
Click on the downloads link and choose sale items.



## The Emotion Code \$29

### How to Release Your Trapped Emotions for Abundant Health, Love and Happiness

A renowned holistic physician and lecturer skillfully lays bare the inner workings of the subconscious mind to reveal how emotionally charged events from the past can become "trapped emotions"—emotional energies that literally inhabit ones body. Dr. Nelson explains how trapped emotions can create pain, malfunction, and eventual disease and also how trapped emotional energies will often gather around the heart, creating a 'Heart-Wall' that may block you from giving and receiving love freely. **By Dr. Bradley Nelson**

## Fluoridation DVD's

### 2 DVD set

1. The Fluoride Deception
2. Professional Perspectives on Water Fluoridation

\$10 per set of 2 DVD's

\$75 for 20 sets

\$150 for 50 sets



## More New Test Kits

### • Interleukins Test Kit

Interleukins are substances that are normally produced by leukocytes (white blood cells) and other cells in the body and help the immune system fight infection and cancer. **12 vials, \$44**

### • Mycotoxins Test Kit

Mycotoxins are produced by moulds. One mould species may produce many different mycotoxins, and the same mycotoxin may be produced by several species. Mycotoxins have the potential for both acute and chronic health effects via ingestion, skin contact, and inhalation. These toxins can enter the blood stream and the lymphatic system. They inhibit protein synthesis, damage macrophage systems, inhibit particle clearance of the lung, and increase sensitivity to bacterial endotoxin. There is evidence that they can cause cancers, kidney damage, gastro-intestinal disturbances, reproductive disorders and suppression of the immune system. **27 vials, \$88**

### • Acupuncture Meridians Test Kit

The 14 acupuncture meridians. The energy signatures were produced originally by an experienced acupuncturist stimulating the meridian and taking an EAV reading. **14 vials, \$44**

## Sacred Geometry

Sacred Geometry is the basic belief that geometry and mathematical ratios, harmonics and proportion are fundamental to music, cosmology, space & time, and all structures, large or small, living or material.

### Sacred Geometry A4 Chart \$13



Double sided, colour, laminated A4 chart on Sacred Geometry, specifically the 5 platonic solids and the Sphere and Merkabah. Contains pictures, descriptions, and affirmations, or metaphysical statements for each. Also includes same for the Golden Mean, Labyrinth and the Flower of Life. Great for working with crystal geometry sets (see below).

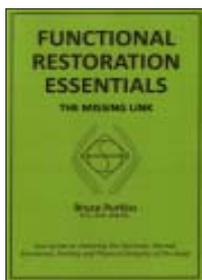
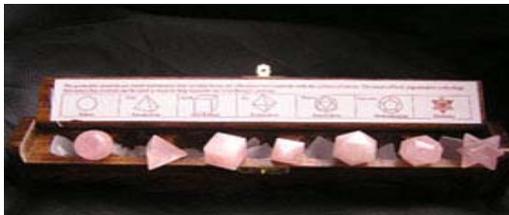
### Sacred Geometry 7 Crystal Sets \$66

**These crystal sets contain the 5 Platonic Solids plus the Merkaba & Sphere.**

The platonic crystal shapes are excellent energy tools for healing in many areas of human health and endeavour. The Merkaba and Sphere add extra dimension to the set.

**Available in Clear Quartz, Rose Quartz, Smoky Quartz & Amethyst**

**5 Platonic solid only sets also available for \$49 each**



### Functional Restoration Essentials

by Bruce Purkiss D.C., D.O., Dip AC.

**\$27.00**

**The Missing Link**

This is book is about the brain being in touch with the body allowing healing to take place and the body to be restored to correct function. If the brain knows there is a problem it will fix it. Functional Restoration see's the body as controlled by the nervous system, including the brain, the endocrine system and the energy systems such as acupuncture. Organs do not work alone but are connected in sequences or circuits. Stress, shock, infections, emotions etc. block energy flow in the circuits. This book is a guide to restoring the free flow of energy, not just for optimum health but also for allowing other therapies to do their thing. In this respect it is a logical basis for any practice. The first part of the book is YOU, followed by WHAT YOU ARE WORKING ON, and then HOW TO WORK ON IT.

## Best-Sellers Last Newsletter

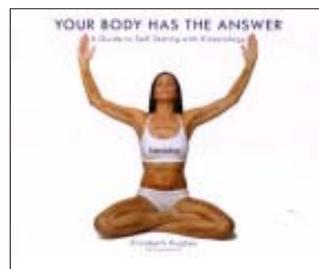
Letting Go:

The Pathway Of Surrender  
David H. Hawkins M.D., Ph.D.

### Letting Go \$33 The Pathway of Surrender

David Hawkins latest book describes a simple and effective means by which to let go of the obstacles to Enlightenment and become free of negativity. During the many decades of the author's clinical psychiatric practice, the primary aim was to seek the most effective ways to relieve human suffering in all its many forms. The letting go technique (surrender) was found to be of great practical benefit and is described in this book.

*David Hawkins is renowned for his spiritual teachings. More specifically in the Kinesiology field he is known for his work in 'calibrating consciousness' first outlined in 'Power VS Force'. All his books are available from Equilibrium.*



### Your Body Has the Answer

by Elizabeth Hughes **\$50.00**

Your Body Has the Answer is self help guide to kinesiology that allows one to explore the cause of one's ailment and

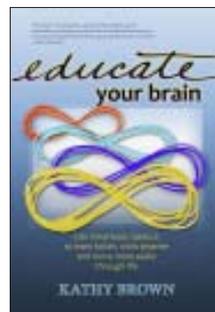
discover the best treatment for it.

The book is divided into 4 parts:

**1.** How to Use this book - identifying & looking up conditions. **2.** Self Testing Techniques - simple techniques to allow you to ask your body questions. **3.** 50 Common Ailments - from acne to yeast infections. **4.** Treatment Applications - Descriptions on applying the treatments for each condition in 3 above.

The bulk of the book is taken up by Part 3 above. Each condition has 2 pages of corrections or treatments in the form of affirmations, meridian work, essences, oils, reflex points, etc.

A full colour, glossy, professional presentation.



### Educate Your Brain

by Kathy Brown **\$33.00**

In Educate Your Brain, Kathy Brown has brought together the simplified basics of the Brain Gym program. The first chapters go step-by-step through the PACE process, describing the four Brain Gym movements that are its components. The middle chapters explore diverse elements of theory and practice, from understanding the balance process and why movement is necessary for learning and reading, to exploring whole-brain processing, The Three Dimensions, and more. The final chapters illustrate how Brain Gym can be used in a wide variety of situations throughout life & as a personal growth and stress management tool, and in the home. Throughout, she uses stories of clients, and the text includes over 70 photographs, charts, and illustrations. **Paul Dennison, co-creator of the Brain Gym program, says: "I found it a joy to read this book."**

## New Products



### Wild-Creations Crystal Wands & Staffs made from Australian Coastal Tea Tree

The wood texture of Coastal Tea Tree shows an amazing array of twists, dimples and crevices that appear to come straight from 'Lord of the Rings'. Using this feature and various crystals the Wild-Creations Wands and Staffs are incredible pieces. They are strong and sturdy and individually crafted - each piece is unique.

### See Example Below

OR view the full selection at our website page at:  
<http://www.kinesiologyshop.com/eqop5.htm>



### Tibetan Quartz & Blue Lace Agate Wand

Item # W008 \$57

Length: 27cm

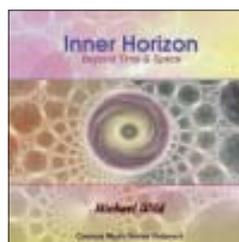
Average Width: 3.5cm

Terminations: Tibetan Quartz Point & Tumbled Blue Lace Agate.

Finish: Bees wax

Features: This wand has a 'chunky' Tibetan quartz point at one end. The Blue Agate end has a crystal window. The wood itself is darker in colour than other wands - showing dark to very dark browns.

## New in CD: Michael Wild



### Inner Horizon \$25.00

Latest CD (April 2013) from  
Michael Wild.

Outer space music for inner  
space calm - 60 minutes

Travel beyond time & space and explore the boundless wonders of a sweeping inner expanse. With this album, Michael Wild has created three long tracks of free-flowing music that will transport you through a moving, serene kaleidoscope. Perfect music for gliding through the inner worlds or just play, sit back, relax and enjoy!!

Sample tracks at: [www.innermusic.com.au](http://www.innermusic.com.au)  
On Line purchases (CD or Download):  
[www.quieterearth.org](http://www.quieterearth.org)

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## INTERNATIONAL ORDERS

### Cost Of Your Order:

We recommend you email us your potential order so we can quote you on the cost of your order including freight to your country. Prices in our catalogues & newsletters and on our website are in Australian Dollars and include our local taxes. International orders are tax free, so the prices will be less than shown in this newsletter. We can also offer a quote in your currency.

### How To Order:

**EMAIL:** Email your order to [info@kinesiologyshop.com](mailto:info@kinesiologyshop.com) with your Visa or MasterCard details. If you would like different options for doing this let us know.

**FAX:** Fill out the international order form on the next page and fax to **61 3 9 578 1468**

**IMT:** If you would like to arrange an International Money Transfer please contact us for details

**PAYPAL:** We can send you a paypal invoice so you can pay via paypal.

- Orders are sent Airmail, unless otherwise requested. Express services are available.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for over 27 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild

