

# EQUILIBRIUM'S

## Kinesiology Catalogue Supplement

[www.kinesiologysupplement.com](http://www.kinesiologysupplement.com)

November 2013



### 2013 Kinesiology Conference Journal

Papers from all presentations at the 2013 AKA Conference, Melbourne, October 2013

\$28.00

**Includes the following papers**

- Mercury and Fluoride: Testing and Correcting Energetic Reactions with Kinesiology by Philip Rafferty
- The Neurology of Muscle Function (Part 1) & Muscle Testing - Objective or Subjective (Part 2) by Charles Krebs
- Research and Evidence-Based Practice: what is it, who does it and what is the Kinesiologists' role in research and evidence based practice? by Trisha Dunning
- The Relationships Matrix by Gordon Dickson
- Verbal Questioning Skills In Your Practice by Jane Thurnell-Read
- The Placental Chakra and Conception by Hugo Tobar
- Foundations of Fear by Moira Dempsey
- Sound by Brendan O'Hara
- Mental Health Management by Dr. John Robertson
- Vaccine Toxicity Recovery by Jennifer Beasley
- Is Mobile Technology the Key to Integrating Your Clinic, Business, and Life? by Marrs Coiro

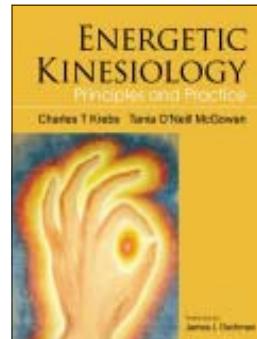


### Trace the 8's by Stephen Kane

**\$69 per set,  
including:**

**5 Laminated Double-Sided Sheets (10 Charts)  
2 Dry Erase Markers, 1 Dry Eraser  
Instruction Sheet, including creative ideas and product care.**

Tracethe8s™ is an activity that can assist in integrating, enhancing, and refining a large variety of skills. The progressive challenges presented on these 10 charts lead the individual/client /student through a series of learning experiences that are entertaining, arousing, and fun.



### Energetic Kinesiology Principles & Practice

by Charles Krebs Ph.D.  
& Tania McGowan

**380 pages, 100 specially drawn illustrations.**

**Due: Dec 2013/Jan 2014**

**\$87 plus postage**

**BACK ORDER YOUR COPY NOW**

This fully referenced textbook describes the field of Kinesiology and explains the techniques upon which it is built. It covers the underlying principles, the methods and scientific support for the efficacy of Energetic Kinesiology. It also offers a unique history of Energetic Kinesiology based on the first-hand experience of Charles Krebs who knew most of the originators of Kinesiology techniques personally. It is a unique, single source of a vast array of information, research and clinical knowledge in a format that is both accessible and practical to clinicians and students.

From the Foreword by James L Oschman PhD, Author of 'Energy Medicine: The Scientific Basis':

*'Students and teachers of every branch of complementary, alternative, integrative and energy medicine will find valuable insights and techniques they can use between the covers of this brilliant book. Anecdotes from the experiences of patients and remarkable healers met along the way make the book very readable and enjoyable... With this book, Charles and Tania leave a new, remarkable and indelible footprint for their field and for health care in general. The book is far more than a therapeutic manual. It is a book that will be studied by current and future generations of healers from every branch of therapeutics.'*

Tracethe8s™ is an engaging, therapeutic activity designed to enhance.....

- |                         |                            |
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| • Eye-hand coordination | • Sequencing skills        |
| • Speech                | • Brain integration        |

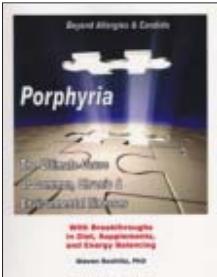
Laminated, on which you can use any Dry Erase Marker and Eraser, but both of which are supplied. The charts are manufactured to withstand years of use tracing the patterns and erasures. The system may be graded to address varying levels of disability.

# Rochlitz Update

**2 NEW BOOKS from Steve Rochlitz of Human Ecology Balancing Sciences - kinesiology research & development since the 1980's**

Steve Rochlitz is hailed by many as today's leading thinker on revealing the earliest causes of Chronic and/or Environmental Illness (CEI), and on the optimum methods for overcoming them.

"I started reading your Porphyria book, and I get the feeling like I am standing at the doorstep of a great discovery...I consider it a wealth and a treasure." - Randall Langston, MD:

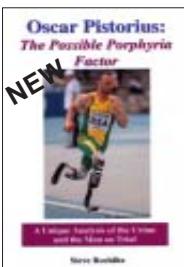


**1. Porphyria: The Ultimate Cause of Common, Chronic and Environmental Illnesses.** With Breakthroughs in Diet, Supplements, and Energy Balancing - Porphyria is NOT a "rare disease," rather 20% of Mankind has a porphyria genetic defect that shows itself after stress, toxicity, drugs, or microorganism/parasites/viruses overgrowth. Once the porphyria is active, people then become chronically ill, or very "allergic." **\$59.00**

**NEW. 2. Crucial Updates** to Porphyria, Mast Cell Disease & more. Latest discoveries and thinking. Also for the most difficult cases and more help for MCS, Fibromyalgia, Food Sensitivities etc. A must have follow up to the above Porphyria text. **\$33.00**



**NEW. 3. Oscar Pistorius: The Possible Porphyria Factor** Learn how to detect when hidden porphyria, and several other hidden factors, can lead to rage, impulsivity, and other behavioural problems. Called "riveting" by many readers. **\$29.00**

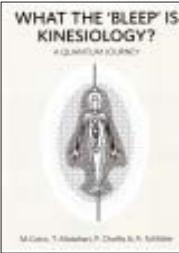


**4. Allergies and Candida**, 5th Ed. The classic, published over 25 years ago, with over 40 illustrated, self-help energy balancing corrections, as well as unique information on Candida, parasites, allergies, CEBV, and allergy based problems such as fatigue, dyslexia, withdrawal complaints and so on. **\$35.00**

**5. Supercharge Your Heart In Seconds.** Includes the illustrated Rochlitz Heart and Brain Integration Exercises. For longevity (anti-aging) fatigue, brain fog, hypertension, MS, and athletic performance. **\$35.00**

**6. Hiatal Hernia Syndrome/Vagus Nerve Imbalance:** The Most Common Health Syndrome In Mankind, 3rd Ed. With crucial, illustrated corrections. 15 illustrations, including corrections for the Hiatal Hernia, Vagus Nerve, and the Diaphragm. Now with even more Advanced Corrections in the 2012 Edition. **NOTE: 90% of this book, is included in the Porphyria book above.** **\$25.00**

**7. The Hole in the Heart: Which 1 out of 3 of us Has, and Blood-Brain Barrier Permeability In Chronic & Environmental Illness, 2nd Ed.** **2 books in one** Learn the hidden but common cause of migraines and strokes, and the link with CEI. An Amazing Breakthrough In Understanding Allergies, MCS, Hiatal Hernia and Chronic Illness and more. **\$25.00**



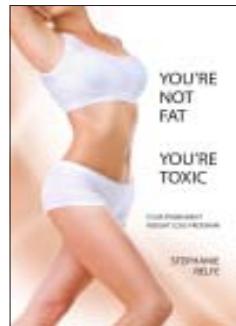
## What the Bleep Is Kinesiology?

by Marrs Coiro et al \$22.00

### A Quantum Journey

Explains the workings of Kinesiology in a unique way by linking it to both Newtonian and Quantum models. Beautifully illustrated and easy to read, this 66 page booklet is a fresh look at Kinesiology for the layperson & student (or established Kinesiologist looking for another way of explaining things).

Covers quantum mechanics, unified field, holographic ideas as it relates to muscle testing and some of its uses (indicator testing, scanning etc.) plus the relevance of the energy systems and aspects of muscle testing for stress, emotions, nutrition etc. - all in simple and importantly very brief explanations - such is its purpose. Pictorial as well.



## Your Not Fat, You're Toxic

by Stephanie Relfe \$39

Internationally known Kinesiologist and health expert Stephanie Relfe has created a veritable University course on fat loss. "You're Not Fat. You're Toxic" explodes the calorie counting myth and shows you exactly how weight reduction is about eliminating toxins, not about counting calories. This 650 page, hands on book makes YOU the expert and will help you get your ideal body.

The book is also an explosive expose in the fight against the worldwide obesity epidemic. Mega-corporations and government bodies worked together to plan your weight gain. It is not an accident that you are overweight. You have been taught what to eat, what to drink and how to think for over 50 years, brainwashed into being a slave of the corporations by the schools, books, magazines and television shows. Your Not Fat You're Toxic is written in a very easy-to-understand style, so that anyone can benefit from this powerful program. Scientific explanations are put into the simplest possible terms so that anyone can easily understand what they need to know.

\* Learn 14 ways that show why it is toxins in the food we eat, rather than calories, that are making us fat.

\* Stephanie Relfe has summarized the most important information from multiple sources, including 43 well-referenced books & documentaries. Plus additional information from modern scientific research, magazine articles and unique sources, which are combined together in one very do-able weight loss program.

\* Learn many fat loss secrets that you won't find in any standard weight-loss plan.

\* Many case histories to inspire you.

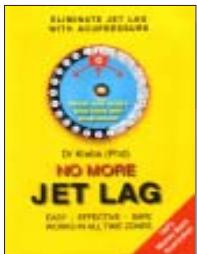
\* Learn how many weight loss foods that we are told will make us thin, are in fact causing obesity.

\* Extensive shopping list to make this program easy.

\* 45 recipes to make it easy to get going on your new lifestyle.

\* Containing revolutionary and unique ways of belly fat loss and getting slim, some of which have nothing to do with food or exercise.

## General



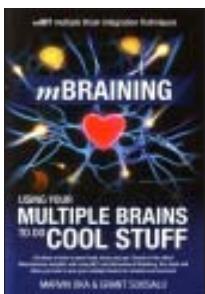
### No More Jet Lag by Charles Krebs

#### Eliminate Jet Lag with Acupressure

This classic little pocket decoder from Kinesiology Researcher and Developer, Charles Krebs has been used by thousands the world over to assist with Jet Lag issues. Take it with you when travelling overseas and follow the instructions to make life more comfortable crossing those time zones. *Buy single or as a pack of ten to give to friends, clients or re sell.*

**\$9.00 each OR**

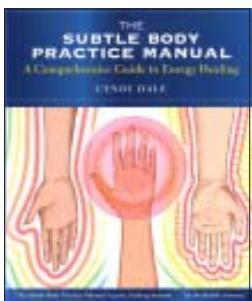
**\$45 per pack of 10 that comes with a stand and sign.**



### mBraining by Marvin Oka & Grant Soosalu \$33

#### Using Your Multiple Brains

You have a brain in your head, your heart and your gut. Based on the latest neuroscience insights and using NLP and Behavioural Modelling, mBraining is about aligning your 3 brains for wiser decision making and greater success. The authors have synthesised and integrative approach that is practical, easy to learn and potent. mBraining breaks new ground while complementing many spiritual and self-development practices. It can help you transform your relationship to yourself, to others and the world in which you live. A must read for self evolution!



### The Subtle Body Practice Manual by Cyndi Dale \$37

#### A Comprehensive Practical Guide to Energy Healing

Following in footsteps of the world wide success her book Subtle Body, Cyndi Dale presents a practical instruction manual on the topic. Filled with lucid information, step by step guidance and diagrams and key insights, her new book is a how to manual of holistic healing & energy medicine. Includes the 6 core energy techniques that every healer should know, energetic diagnosis practices, setting strong and flexible energetic boundaries, techniques for working with the subtle aspects of the body, emotions and subconscious mind and dozens of practices for healing that engage chakras, meridians, chi, breathwork, auric fields, sacred geometry, acupressure, music and more.

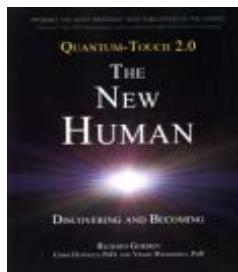
## SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:

[www.kinesiologyshop.com](http://www.kinesiologyshop.com)

Click on the downloads link and choose sale items.

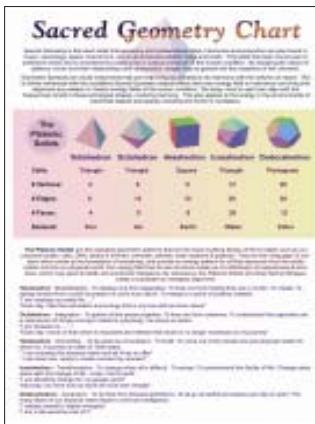
## Best-Sellers Last Newsletter



### The New Human by Richard Gordon \$29.00

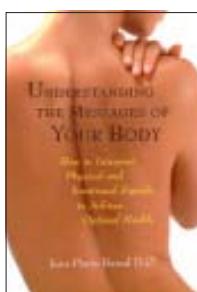
#### Quantum Touch 2.0

The founder of Quantum-Touch, Richard Gordon is a recognized pioneer in the field of energy healing. The famous Quantum Touch Series has been expanded and upgraded with this new title designated as **Quantum Touch 2.0**. Practitioners can convert heart awareness into a tangible, potent healing instrument, allowing anyone to access the innate human ability to heal not only ourselves and each other, but our planet. Through simple exercises, you will quickly and comfortably begin to use some astonishing lost, forgotten or unknown healing abilities. You will learn to achieve practical results by focusing and amplifying your love - which is much more powerful than just an electrochemical reaction in the brain.



### Sacred Geometry A4 Chart \$13

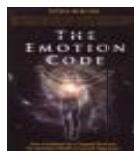
Double sided, colour, laminated A4 chart on Sacred Geometry, specifically the 5 platonic solids and the Sphere and Merkabah. Contains pictures, descriptions and affirmations, or metaphysical statements for each. Also includes same for the Golden Mean, Labyrinth and the Flower of Life. Great for working with crystal geometry sets ([contact us for details on the crystal sets](#)).



### Understanding the Messages of Your Body By Jean-Pierre Barral D.O. \$27

#### How to Interpret Physical & Emotional Signals to Achieve Optimum Health

Stresses and trauma accumulate in areas of the body that Dr. Barral calls our 'weakest link'. This book discusses each organ and its complex relationship with the rest of the body, explaining how pain can originate with an emotional upset that creates distress in an organ, or how a physically damaged organ can cause emotional problems. Also covered are detailed analyses of various "types" of human personality and the physical-emotional complexes and related organ dysfunctions that accompany them. The author offers advice and encouragement to improve physical, psychological, and emotional health that can be used by both professional therapists and the public. Can also be used as a reference.



### The Emotion Code \$29

#### How to Release Your Trapped Emotions By Dr. Bradley Nelson



## Wild-Creations

### Crystal Wands & Staffs made from Australian Coastal Tea Tree

The wood texture of Coastal Tea Tree shows an amazing array of twists, dimples and crevices that appear to come straight from 'Lord of the Rings'. Using this feature and various crystals the Wild-Creations Wands and Staffs are incredible pieces. They are strong and sturdy and individually crafted - each piece is unique.

View the full selection of these amazing creations go to our website link at:

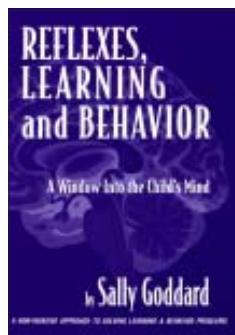
<http://www.kinesiologyshop.com/eqop5.htm>

(or go to [www.kinesiologyshop.com](http://www.kinesiologyshop.com), click on the 'Other Products' button and using the right arrow click through to page 5)

## Spotlight On:

### Reflexes, Learning & Behaviour

By Sally Goddard.....\$55.00  
"The Bible of Infant Reflexes"



This book has been a welcome one for many kinesiologists as it contains rare information (in such a form) that may hold keys to those working with learning and behaviour problems. **It covers the importance of the primitive and postural reflexes in the developing child's ability to learn and cope.** With many diagrams and illustrations it details chapter by chapter all the primitive and postural reflexes, brain development, the senses (including balance), PLUS reflex testing and remedial steps available to the teacher. Also includes papers on the topic (added into lastest edition a few years ago)

## INTERNATIONAL ORDERS

### Cost Of Your Order:

We recommend you email us your potential order so we can quote you on the cost of your order including freight to your country. Prices in our catalogues & newsletters and on our website are in Australian Dollars and include our local taxes. International orders are tax free, so the prices will be less than shown in this newsletter. We can also offer a quote in your currency.

### How To Order:

**EMAIL:** Email your order to [info@kinesiologyshop.com](mailto:info@kinesiologyshop.com) with your Visa or MasterCard details. If you would like different options for doing this let us know.

**FAX:** Fill out the international order form on the next page and fax to **61 3 9 578 1468**

**IMT:** If you would like to arrange an International Money Transfer please contact us for details

**PAYPAL:** We can send you a paypal invoice so you can pay via paypal.

- Orders are sent Airmail, unless otherwise requested. Express services are available.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for over 27 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild

# INTERNATIONAL ORDER FORM

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A row of payment method logos: International Money Transfer, Mastercard, Visa, and Paypal.

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