

Energetic Kinesiology Principles & Practice

by Charles Krebs Ph.D. & Tania McGowan

\$87.00

This fully referenced text-book describes the field of Kinesiology and explains the

techniques upon which it is built. It covers the underlying principles, the methods and scientific support for the efficacy of Kinesiology. It also offers a unique history of Kinesiology based on the first-hand experience of Charles Krebs. 'Energetic Kinesiology' is the most comprehensive material ever written on the foundations of Kinesiology - a text that the Kinesiology field has been seeking its entire lifetime.

The book begins by looking at Eastern/Western medicine and the subtle energetic bodies that Kinesiology bases some of its ideas on. Following that are chapters on muscle testing not ever covered in such detail before - 'the physiology of muscle monitoring', 'the states of muscle imbalance', 'the emotional control of muscle response', and there is even a chapter on 'does muscle monitoring work?'. All this takes up nearly a third of the book, making it extremely important & unique.

Next the book covers some well used concepts in kinesiology such as pause lock, hand modes (finger modes), formatting, age recession, finding emotions etc. Each are detailed treatises on these topics. The text also offers chapters on kinesiology sessions, such as taking a clients history, conducting pre-checks, using hand modes to gather information, completing balances. Then there are sections on different types of corrections or applications - essences, holograms, chakras, light & colour, various stimulation points and acupressure points used in Kinesiology.

Finally the scientific mind of Charles truly inspires, with chapters on a 'new model of physics' and 'chaos theory and balancing biological systems'.

Throughout the text there are many diagrams and the layout and presentation is professional in style. Energetic Kinesiology is highly recommended for students and for the clinic shelf of professional text-books. This text will stamp a definitive mark on Kinesiology's professional platform into the future.

SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:

www.kinesiologyshop.com & click on sale button

Kinesiology Tape



Equilibrium is the exclusive Australian Distributor of this Top Quality German Tape

\$16 per roll OR \$81 per 6 pack (\$13.50 ea)

Colours:

Yellow, Blue, Black, Green, Beige, Violet, Pink, Red

Size: 5m x 5cm

- Carrier material made of 100% cotton
- Long lasting adhesion - can remain on the skin up to 8 days
- Breathable, water resistant, quick drying
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6 Pack can be a single colour or any colour mix of the 8 possible colours.

Video link available on our website.



Energy Mismatch DVD

by Jane Thurnell-Read
\$49.00

This DVD goes into great detail explaining and demonstrating the Energy Mismatch (EM) technique from 'Health Kinesiology'. (Briefly EM is where the body recognises toxins as appropriate or nutrients as inappropriate). Jane describes this technique as 'profound' and forms the basis of much her work and success in Kinesiology, especially that related to allergies and sensitivities. Over 20 topics are covered as chapters that can be referenced separately at any point or time from the menu on the DVD. Jane presents these topics in front of a small group of students for the purposes of making this DVD. Excellent material for Kinesiologists. **Some of the Chapter Topics are:** The basics of the EM concept; Why EM happens; The Initial Balance, Testing for EM; The EM Tap; Re-Exposure; Various Allergies & Tolerance; Test Kits Plus info on various Allergy & Sensitivity topics such as Bacteria & Viruses, Drugs, Heavy Metals & Toxic Chemicals, Hormones etc.

Energy Mismatch Book also available \$22.00

Conference Journals



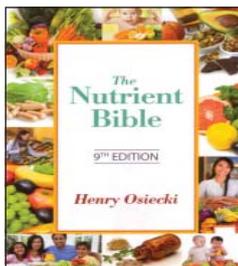
Papers from all presentations at the 2014 AIK Conference, Melbourne, March 2014

\$25.00

Includes the following papers

- The Cause of Fibromyalgia by Philip Rafferty
- Axiatonal Aquapuncture by Kerry Sedgman

- 3 Factors in Vertigo Modulation by Andrew Verity
- Online Marketing Basics by Kerry Belsivo
- First Light Essences and the Nature's Healing Matrix by Franchelle Ofsoske-Wyber
- Strengths & Decoding the Relationships/Matrix by Gordon Dickson
- Radiation in the Home is Blocking Your Patient's Path to True Recovery by Patrick van der Burght
- Thoughts & the Qi Field by Daryl Mitchell
- Solutions for Depressive Tendencies by Ed Faust
- Designing Your Destiny with the 'Millenium Grid' by Jean Sheehan
- Healing Orchids Australia by Jane Lindsay
- Transforming DNA Memories by Sylvia Marina
- Chi Tonix Energy Fitness by Parijat Wismer
- Healing Oils of the Bible by Steve Powell
- PKP for Chronic Low Back Pain: a pragmatic, single blind, randomised controlled pilot study by Dr. Susan Eardley



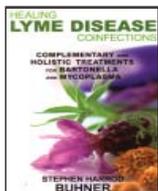
Nutrient Bible
by Henry Osiecki **\$45.00**

NEW 9th EDITION

This popular classic has been comprehensively expanded and revised with up to date research.

The Nutrient Bible is an invaluable text providing extensive profiles of over 100 Vitamins, Minerals, Amino Acids, Contingent Nutrients, Polyphenols, Flavonoids & Toxic Metals.

The Nutrient Bible is the go to reference for students and clinicians for brief but technical information on nutrients etc. It covers sources, factors increasing demand, functions facilitated, deficiencies associated with, therapeutic uses, daily dosages, toxicity, drug/nutrient interactions, various technical notes and chemical structure. All logically set and referenced. A Classic!



Healing Lyme Disease Coinfections
by Steven Buhner
\$30

Complementary & Holistic Treatments for Bartonella & Mycoplasma. Cutting edge research about one of the more invasive and misdiagnosed epidemics of our time. The author examines the complex synergy between different infections with detail on how they re surface after antibiotics and create cytokine cascades in the body - sending the immune system into overdrive. Effective natural, holistic methods are outlined as help in this difficult area.

New Test Kits

• Salicylates Test Kit



Salicylates are derivatives of salicylic acid that occur naturally in plants and serve to protect the plants against diseases, insects, fungi, and harmful bacteria. Synthetic salicylates can also be found in many medications, perfumes and preservatives. Both natural and synthetic salicylates can cause health problems in anyone when consumed in large doses. But for those who are salicylate intolerant, even small doses of salicylate can cause adverse reactions. **10 vials, \$44**

• Emotional States Composite Test Kit



A kit of ten primary or broad spectrum emotions or states of being. Since there are thousands of different emotions, hundreds of them have been distilled and categorised by kinesiology testing and the study of anthropological and psychological research, into these basic 10 vials. Contact us for the full list. **10 vials, \$45**

• Lectins Test Kit



Lectins are found in plants and milk. They are sticky and so interact with the lining of the throat and the digestive tract when we eat them. Because we don't digest lectins, we often produce antibodies to them, potentially creating unwanted reactions. Lectins may also be responsible in part for 'leaky gut syndrome'. **7 vials, \$37**

• Vertebral (PH 7B) Test Kit



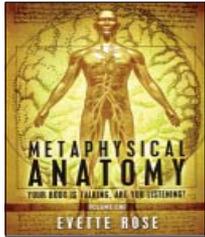
In human anatomy, the vertebral column usually consists of 24 articulating vertebrae, and nine fused vertebrae in the sacrum and the coccyx. This kit consists of 34 vials to include the 5th coccygeal vertebra which is occasionally present. **34 vials, \$123**

PLUS, other New Test Kits:

- Viruses Number 3 Test Kit 21 vials, \$73
- Body Biochemicals Number 6 Test Kit 25 vials, \$109
- Immunoglobulin Test Kit 5 vials, \$29
- Food Kit G (Asian Themed) 50 vials, \$165

Please contact us for a full list of contents of any or all of these kits. Or go to our website link:
<http://www.kinesiologysshop.com/eqop3.htm>

General



Metaphysical Anatomy

Volume One

by Evette Rose \$117

This is a huge 750 page compendium on the metaphysical relationships and causes of disease & ill health.

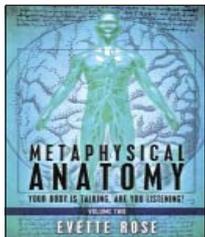
It covers 100's of health conditions, both physical and mental. It also includes other dysfunctions not normally covered in these types of books such as addictions, allergies, birth issues, phobias, toxicity etc.

This would have to be considered a bible of 'references' for metaphysical/emotional causations. Each condition is covered in detail, offering information under the heading of Emotions and of Key Points. Some common areas of disease or dysfunction cover a few pages.

In Metaphysical Anatomy Volume One the author also covers instructions and guidelines on how to improve the issues by pointing out what blocks to work on.

Before the book gets into the A-Z reference, the initial chapters cover many topics including: Fundamental Healing Concepts; Dissociating Trauma; Surgical Intervention & healing; Self Sabotage; Taking Responsibility; Genetic Disorders; Emotions; Working with Clients & much more.

This is really a large reference manual not a book. Excellent, valuable material.



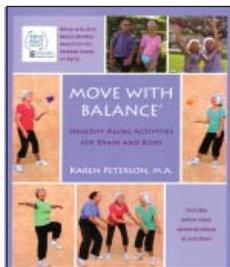
Metaphysical Anatomy

Volume Two

by Evette Rose \$29

Volume Two is a quick reference guide for everything in volume one.

It covers all the same conditions, but in much briefer detail. It is an option for anyone who wishes to have less detail to read when referencing a disease or dysfunction, or if some wants a less expensive option to acquire this information. It is 174 pages.



Move With Balance

by Karen Peterson \$55

Healthy Aging Activities for Brain and Body

This large format book is a very well produced and presented manual of Brain Gym and other exercises for older adults. It contains passionate, playful movements and rich sensory experiences that grow new nerve cells, increase flexibility, alertness & balance, as well as building mental agility, confidence and a sense of safety.

The pages are clear & colourful, with great photographs and descriptions. Book purchasers can take the activities a step further by registering on line for free video viewing or printing off cards.

Award winner from the American Society of Aging

Bestsellers Last Newsletter



Your Not Fat Your Toxic

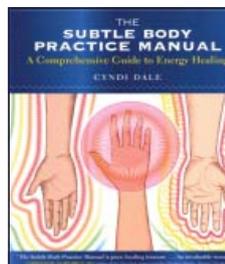
by Stephanie Relfe \$39.00

This book has been had an exceptional reception since advertising it last newsletter. Internationally known Kinesiologist and health expert Stephanie Relfe has created a veritable University course on fat loss. "You're Not Fat. You're Toxic" explodes the calorie counting myth and shows you exactly how weight reduction is about eliminating toxins, not about counting calories.

The 650 page book is also an explosive expose in the fight against the worldwide obesity epidemic. Mega-corporations and government bodies worked together to plan your weight gain. It is not an accident that you are overweight. You have been taught what to eat, what to drink and how to think for decades.

It is written in a very easy-to-understand style, and scientific explanations are put into the simplest possible terms.

- * Learn 14 ways that show why it is toxins in the food we eat, rather than calories, that are making us fat.
- * Stephanie Relfe has summarized the most important information from multiple sources, including 43 well-referenced books & documentaries. Plus additional information from modern scientific research, magazine articles and unique sources, which are combined together in one very do-able weight loss program.
- * Learn many fat loss secrets that you won't find in any standard weight-loss plan.
- * Many case histories to inspire you.
- * Learn how many weight loss foods that we are told will make us thin, are in fact causing obesity.
- * Extensive shopping list to make this program easy.
- * 45 recipes to make it easy to get going on your new lifestyle.
- * Containing revolutionary and unique ways of belly fat loss and getting slim, some of which have nothing to do with food or exercise. **NOW A HUGE BESTSELLER**



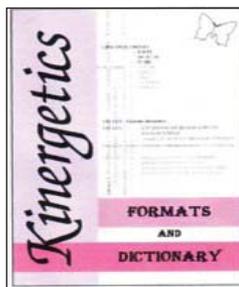
The Subtle Body Practice Manual

by Cyndi Dale \$37

A Comprehensive Practical Guide to Energy Healing

Following in footsteps of the world wide success her book Subtle Body, Cyndi Dale presents a practical instruction manual on the topic. Filled with lucid information, step by step guidance and diagrams and key insights, her new book is a how to manual of holistic healing & energy medicine. Includes the 6 core energy techniques that every healer should know, energetic diagnosis practices, setting strong and flexible energetic boundaries, techniques for working with the subtle aspects of the body, emotions and subconscious mind and dozens of practices for healing that engage chakras, meridians, chi, breathwork, auric fields, sacred geometry, acupuncture, music and more. **VALUE!**

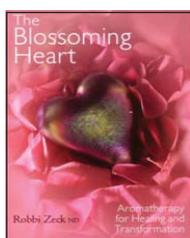
Spotlight On 3 items



Kinergetics Formats & Dictionary \$33.00

The manual of formats from kinergetics. Includes Formats for: Blood Pressure, Pancreas, Bladder. Kidney, Stress Cells, Skin, Reproductive, Ear, Menopause, Heart, Spleen, Lungs, Stomach, Small & Large Intestine, Liver, Immune System, Lymphatic System, Digestive System, Endocrine System. **Also includes 'Chart of the Glands'**

PLUS includes the Kinergetics Dictionary with over 400 'emotion' words and their meanings for use in kinesiology emotion work. In total over 1000 references to 'emotion' words. Handy reference to have. Use for scanning also. Kinergetics Emotions Chart on the back cover.



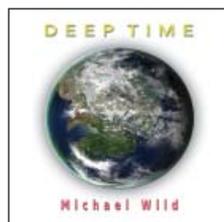
The Blossoming Heart \$33.00

Aromatherapy for Healing and Transformation from Robbi Zeck founder of Aromatic Kinesiology

A truly beautiful & inspirational book that brings a fresh approach to the art of aromatherapy. Includes details on Robbi's own Aromatic Emotional

Barometer from the Aromatic Kinesiology courses. Beautifully articulated are the oils themselves as 'Essential Oil Reflections'. A page is devoted to each Essential Oil, including the Blossoming Heart Affirmation. There is

New CD: Michael Wild



Deep Time \$25.00

Latest CD (June 2014) from Michael Wild.

Outer space music for inner space calm (for almost 70 minutes)

This new CD by Michael is another ambient soundscape, this time inspired by our deep past, from the beginning of time to the present and beyond. Specially useful for meditation or late night background listening. Particularly suited to those who enjoyed 'Inner Horizon' or 'Sacred Geometry', two of Michael's other CD's.

Sample tracks at: www.innerness.com.au

Note: This CD is Limited Edition in respect to being only available from Equilibrium (some tracks may appear on-line as downloads in the future however).

also a chapter on Meridians and Emotional Expressions outlining the oils, balanced & imbalanced emotional expressions and physical indicators for each meridian.

Aromatic Emotional Barometer A4 Chart

\$15.00 laminated

The chart that relates to Robbi's book outlined opposite. Contains the emotional pairing references for 56 Oils as per the book.



INTERNATIONAL ORDERS

Cost Of Your Order:

We recommend you email us your potential order so we can quote you on the cost of your order including freight to your country. Prices in our catalogues & newsletters and on our website are in Australian Dollars and include our local taxes. International orders are tax free, so the prices will be less than shown in this newsletter. We can also offer a quote in your currency.

Payments:

Email: Email your Visa or MasterCard details to us at info@kinesiologyshop.com. If you would like different options for doing this let us know.

PAYPAL: We can send you a paypal invoice so you can pay via paypal.

- Orders are sent Airmail or Express depending on weight and destination.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for 30 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild