

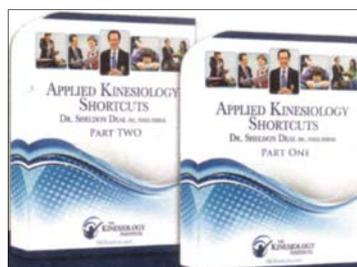
2014 AKA Kinesiology Conference Journal

Journal of Papers
presented at the
31st Australian
Kinesiology

Conference, October 2014, Sydney

\$39.00

- The Use of ABF's to Balance Breaks in the Aura, Psychic Protection, EMR, Sabotage Patterns & Retrograde Lymph Technique by *Ian White*
- Informational Medicine The Age of Healing - All You Need Is Frequency by *Charles T. Krebs*
- Discover Passion & Purpose with Archetypes by *Pip McKay*
- The Keys to Turning your Passion of Kinesiology into a Successful & Meaningful Business using 'Demonstrations' as a Marketing Tool by *Danny Liddell*
- Simple Interventions for Swift Outcomes - The Miraculous CIC and its Amazing Applications by *Shanagh Sangster*
- Clear Sighted by *Bernard Carson*
- Couples Balancing, Reactive Motivation & Meridians by *Patti Leahy- Shrewsbury*
- Eight Extraordinary Channels by *Ann Parker*
- Clarity, Passion & Purpose: A Perfect Recipe for Creating Happiness by *Irene Oram*
- Living with Purpose by *David Corby*
- Insights on Self by *Geraldine Gallagher*
- Injury Recall Technique by *John Maquire*
- Balancing Lung Energy by *Philip Rafferty*
- Evidence Based Research - Science & Non-Science by *Jill R. Turland*
- An Introduction to the Use of Thermography as a Medical Diagnostic and Monitoring Tool by *Jeff Erichsen*
- The 'Social' Cranial Nerve - Vagus The 'Social' Nerve that keeps us Healthy by *Andrew Verity*
- Follow Your Purpose with Clarity & Passion by *Parijat Wismer*
- Tips for Working with Spiritual Seekers by *Rachelle Sewell*
- Dancelosophy... "Move to the Beat of Your heart" by *Claudia Rodino*
- Foundations of Posture by *Moira Dempsey*



Dr. Sheldon Deal's AK Shortcuts DVD Study Programs

by Sheldon Deal

Two DVD Programs specifically filmed for training in the many & varied Applied Kinesiology techniques. Each Program/Part is 5 discs and comes with a spiral bound manual all in a supportive casing folder.

Part One: Over 50 techniques and topics are covered. These include some of the basics in AK such as Priority Mode, Surrogate Testing, Ionization and many more fundamentals. Further techniques include asking the body questions, resetting the body clock, addictions and allergies, injury recall technique, stress syndrome conditions, treating vision, TMJ, treating adrenals and countless others.

Part Two: Over 60 more AK techniques including Cloacals, Hypothalamus, Balancing Blood Chemistry, Umbilical Reversal, The Prostrate, Candida, Second Brain, Amino Acid testing, Clearing Radiation Exposure, Heavy Metal Toxicity, Leg Cramps at Night, Glaucoma Correction and much more.

These DVD sets are very professionally produced and one gets to see one of the masters of AK demonstrate over 100 different techniques on the table, explaining everything carefully as he moves along, in great detail as well as with extra tips and bits of relevant information. The manuals back up the visual perfectly with clear diagrams and instructions that show the tests & corrections of each technique.

These sets will be great study and training tool for:

- * Those who wish to further their kinesiology training with some of the most practical and applicable techniques in the Kinesiology world.
- * Students & others who want to refresh or brush up on some the fundamentals in their training as well add extra to their Kinesiology arsenal (contact us for a full list of techniques).
- * People who live in isolated areas or who are unable to attend the usual Kinesiology classes.

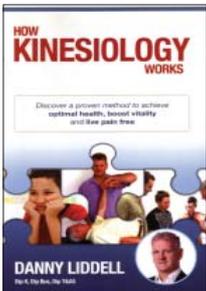
Part One: \$675 Part Two: \$675

2 set deal: \$1175 (save \$175)

SALE ITEMS

For our updated and ongoing list of damaged, second hand and clearance Kinesiology Books & Charts and related products go to our website:

www.kinesiologyshop.com & click on sale button



How Kinesiology Works

by Danny Liddell \$22.00

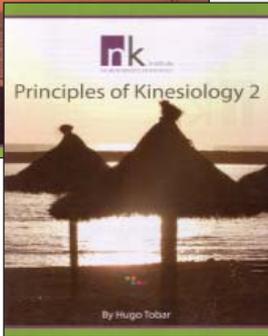
Get to know Kinesiology from a prominent Australian Kinesiologist and Kinesiology college principle, Danny Liddell. How Kinesiology Works is a great introduction to Kinesiology. It covers all the basics of the field, plus how Kinesiology helps, as well the types of Kinesiology and techniques for using on oneself.

The great thing about this book compared to many others that introduce Kinesiology is that it is Australian produced and published and therefore makes all the material relevant in this country. It is easy to read but broad enough to give a full informative picture. Danny has a good style with his presentation. Recommended for any one new to the field or for Kinesiology professionals to have on hand on the bookshelf, clinic table or to pass around.



Principles of Kinesiology 1 & 2

by Hugo Tobar
\$55 each, \$95 set of 2

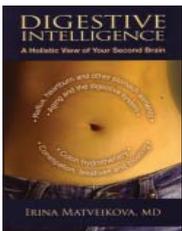


These 2 manuals have been written by Hugo for courses that introduce practical concepts and techniques in Kinesiology.

Principles 1 begins with a look at the General Theory of Chinese Medicine and Energetic Anatomy. Following that

are introductory concepts in Kinesiology such as finger modes, pauselock and pre-checks. The muscle testing section takes one through 20 muscle tests on the 14 major meridians with all diagrams and usual corrections plus the Neuroemotional Reflex point and Neural Innervation. At the back are some procedures such as reactive muscles.

Principles 2 expands the muscle meridian concept with finger mode formats for each. From here the formats are covered for the Extraordinary Vessels such as the Regulating Yang and Vital Meridians etc. Then the Divergent Channels are presented pictorially and also the Connecting Channels with finger mode formats.



Digestive Intelligence

by Irina Matveikova, MD \$27.00

A Holistic View of our Second Brain

Explores the link between the brain in our skull and the brain in our gut - the connections between emotions and digestion and the way our

digestive system influences our mood & character. Includes practical explanations of digestive issues and common disorders with holistic advice on how to resolve them. Our digestive tract produces serotonin as well as containing 100 million neurones. The author, also a medical doctor, explains when our digestive system is out of sorts we can also feel the out of sorts with irritability and lack of energy.

Kinesiology Tape & Books



Equilibrium is the exclusive Australian Distributor of this Top Quality German Tape

Kinesiology Taping can be used for many conditions such as pain, muscle tension, bruising, sore muscles & strains. Also valuable for making changes to posture/structure, dealing with arthritic conditions and even headaches and menstrual cramps.

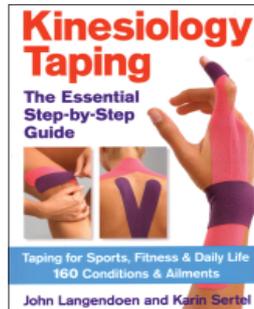
Video link on our website

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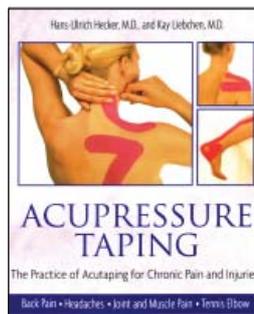
Kinesiology Taping

by John Langendoen & Karin Sertel \$43.00

The Essential Step by Step Guide to Taping for Sports Fitness & Daily Life. Covers 160 Conditions & Ailments

Superb, professionally presented text with wonderful photographs and descriptions. Large

format paperback of 250 pages. Covers what is taping, how it works and various topics on what you need to know. The bulk of the book however is on taping from head to toe - all parts of the body for 160 conditions from a crooked toe to bruised ribs. Not just for injuries & acute physical conditions but also for long term structural issues, for example. Whether or not you've already had experience with taping, this book will clearly show you the extensive range of possibilities for taping yourself.



Acupressure Taping

by Hans-Ulrich Hecker MD & Kay Liebchen MD \$29.00

The Practice of Acutaping for Chronic Pain & Injuries

This book is based on Kinesiology Taping (see above) but uses the therapeutic principles found in Chinese

Medicine. Another well presented, professional text with excellent photographs and descriptions. Takes one through the basis of Acutaping and how it works as well as 25 body section tapes. Includes an ailment reference at the back. Large format paperback of 122 pages.

Animal Acu Books

The following books are Acupressure Guides for Common Ailments of Various Animals.

Each of these texts is a detailed pictorial guide to the 14 major meridians of the said animal. All acupuncture/acupressure points are diagrammatically shown on charts, along with an accompanying table giving a geographical description of the points. Following that are acupressure treatments with symptomology, charts and tables on each. For example:

- * Blood Test Balancing
- * Immune System Performance
- * Dental, Eye & Ear Disorders
- * Asthma and Breathing Disorders
- * Appetite Disorders, Weight Loss etc
- * Various Digestive System Disorders
- * Heart, Liver, Kidney and other organ disorders
- * Female Disorders
- * Diabetes
- * Thyroid Issues
- * Allergies
- * Anxieties
- * Arthritis
- * Muscle, Tendon, Ligament Issues

Also included in each book:

- * alarm points and other special points in chinese medicine.
- * An anatomical chart of the animal
- * Section on using acupressure
- * An opening and closing massage.
- * Blank charts for records and new treatments
- * English & Chinese name of all points

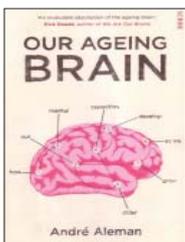
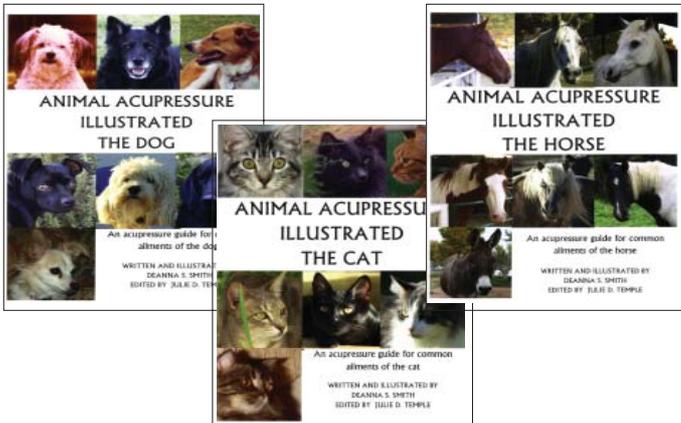
Each book is large format paperback of around 100 pages.

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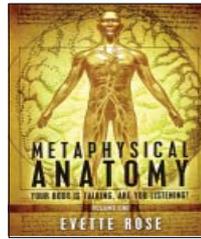
Our Ageing Brain

by *André Aleman* **\$28.00**

This fascinating and illuminating book shows that our ageing brain is not all bad news and the stereotypical view of the general decline in our brain is not real. In fact older people

are more resistant to the effects of stress, cope better with emotions and with more complex situations, and are generally happier than their younger counterparts. Drawing from the latest research, this neuroscientist, outlines what takes place in the brain as we age and in doing so delivers good news on brain function and ageing - giving credence to the emerging term 'successful ageing'. The book concludes with the seven most important things we can each do to keep our brains healthy. A book you can't put down no matter how old you are.

Bestsellers Last Newsletter

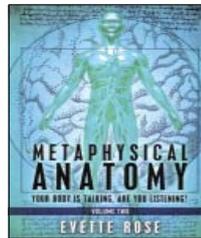


Metaphysical Anatomy

Volume One by *Evette Rose* **\$117**

This is a huge 750 page compendium of the metaphysical relationships and causes of disease & ill health. It covers 100's of health conditions, both physical and mental. It also includes other dysfunctions not normally covered in these types of books such as addictions, allergies, birth issues, phobias, toxicity etc.

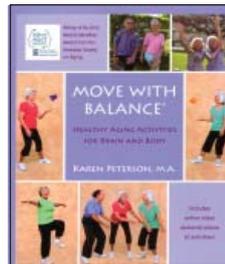
A bible of 'references' for metaphysical/emotional causations. Each condition is covered in detail, offering information under the heading of Emotions and of Key Points. Also covered are instructions and guidelines on how to improve the issues by pointing out what blocks to work on. This is really a large reference manual not a book. Excellent, valuable material.



Metaphysical Anatomy

Volume Two by *Evette Rose* **\$29**

Volume Two is a quick reference guide for everything in volume one. It covers all the same conditions, but in much briefer detail. Easier to carry around or as a less expensive option. 174 pages.



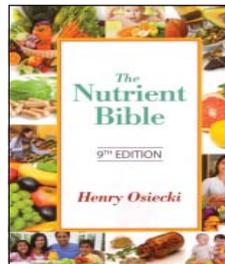
Move With Balance

by *Karen Peterson* **\$55**

Healthy Aging Activities for Brain and Body

This large format book is a very well presented manual of Brain Gym and other exercises for older adults. It contains passionate, playful movements and rich sensory experiences that grow new nerve cells, increase flexibility, alertness & balance, as well as building mental agility, confidence and a sense of safety.

The pages are clear & colourful, with great photographs and descriptions. Book purchasers can take the activities a step further by registering on line for free video viewing or printing off cards. Award winner from the American Society of Aging.



Nutrient Bible

by *Henry Osiecki* **\$45.00**

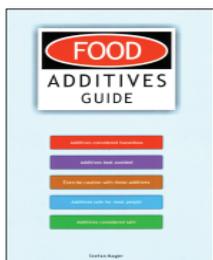
NEW 9th EDITION

This popular classic has been comprehensively expanded and revised with up to date research.

The Nutrient Bible is an invaluable text providing extensive profiles of over 100 Vitamins, Minerals, Amino Acids, Contingent Nutrients, Polyphenols, Flavonoids & Toxic Metals. It is the go to reference for students and clinicians for brief but technical information on nutrients etc. It covers sources, factors increasing demand, functions facilitated, deficiencies associated with, therapeutic uses, daily dosages, toxicity, drug/nutrient interactions, various technical notes and chemical structure. All logically set and referenced. A Classic!

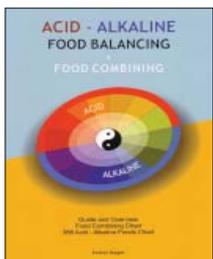
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**A4 Guides that fold out to 8 x A4 pages
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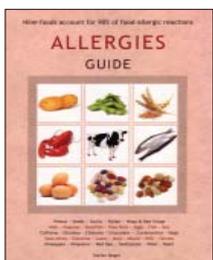
Food Additives Guide

100's of food additives are listed with their prescribed name, function, and where found, plus a rating from hazardous to safe. Also lists different group functions of additives and additives recommended to avoid by Hyperactive Children's Support Group.



Acid - Alkaline Food Balancing Guide

389 foods & beverages are covered with their alkalising or acidifying ability rated as high/medium/low. Plus included is a Food Combining chart and explanations of acid-alkaline with pictures.



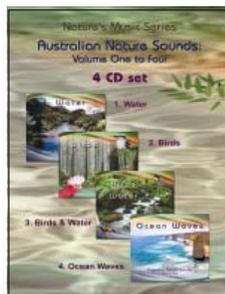
Allergies Guide

Detailed account of common allergies such as milk, peanuts, eggs wheat etc plus a brief account of less common allergies. Also includes info on the allergy sequence from first contact to system reaction, a table of symptoms and a allergies glossary.

Nature Sounds CD's

Australian Nature Sound Recordings

Originally recorded by Michael Wild in the 1980's for cassette medium, now re-mastered for CD, 30 years on.



Volume 1: Water

Volume 2: Birds

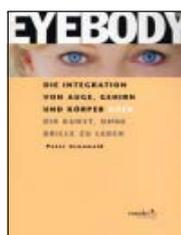
Volume 3: Birds & Water

Volume 4: Ocean Waves

\$20 each or

\$55 for complete 4 CD set

Sample tracks at:
www.michaelwild.com.au



Eyebody

by Peter Grunwald **\$59.00**

The Art of Integrating Eye, Brain and Body - and letting go of glasses forever! Peter Grunwald's book on the history, fundamentals and application of the principle-based Eyebody Method®

is now available in a revised second edition. Discover how to let go of your glasses and improve your eyesight, brain function and body posture naturally! This edition also includes new essential contents, i.e. our ability of staying present and adding subtle energetic qualities to the processes of seeing and visualizing. It includes over 40 illustrations and a detailed full-colour chart of brain to eye to body connections.

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- Orders are sent Airmail or Express depending on weight and destination.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for 30 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild