

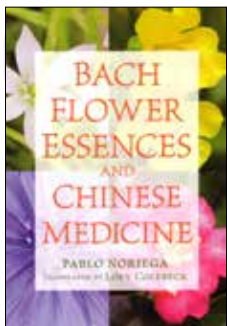


**2016 AKA
 Kinesiology
 Conference Journal**

\$28.00

**The journal of papers/
 presentations from the
 annual AKA Kinesiology
 Conference,
 Adelaide, October 2016.**

- The Power of Music and Movement by Veronica Steer
- Oops!...We did it again: Sugar and Fat by Carla Evans
- Why Can't I have a Good relationship? by Gordon Dickson
- Outline of AcuNeuroSynch and Recovery from Brain Injury by Charles T Krebs
- The Imposter Phenomenon by Jane Tancred
- Our Consciousness: the Hidden Realities by Peter Smith
- Sexuality and Kinesiology - Enhancing Relationships by Parijat Wismer
- Consciousness, Stress and Formatting by Hugo Tobar
- The Latest on Chronic Pain, Fibromyalgia and CFS by Philip Rafferty
- Working Smarter with Kinesiology by Bernard Carson
- Your Head on Your Body by Andrew Verity
- Research in Action, Lets Do It: An Experiential Seminar 'The Edge Effect' by Robyn Kirk & Elizabeth Guida
- Addressing The Causes of all Chronic Diseases by Anke Koelman
- Optimising People's Lives - Occupational Therapy and Kinesiology by Veronica Steer
- Future Proofing your Kinesiology Business via Social Media by Kerry Heritage



**Bach Flower Essences
 & Chinese Medicine**

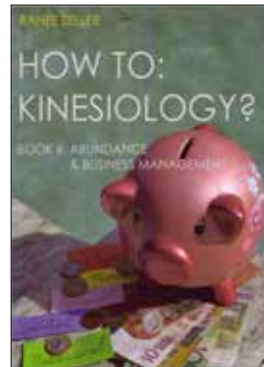
by Pablo Noriega **\$37**

By using a person's descriptions of their complaints and chronic conditions combined with Flower-type personality traits, Pablo Noriega sheds new light on prescribing flower essences. Included is a full

primer on Chinese Medicine, exploring in detail the main principles such as Yin and Yang; the Five Elements, the behaviors that can strengthen the Elements; and the Psyche, the energetic spirit of each Organ. He reveals the direct correspondences between specific emotions, symptoms, and regions of the body and how the Flowers help regulate Spirit and work on the emotional foundations of many common chronic disorders. Providing detailed profiles about each of the Bach flower remedies according to Chinese Medicine, Noriega explains how to prescribe flower essences for

**How To: Kinesiology ?
 SERIES**

**New Additions to the Series of A4 Manuals
 for use with Kinesiology on various topics
 by Ranee Zeller**

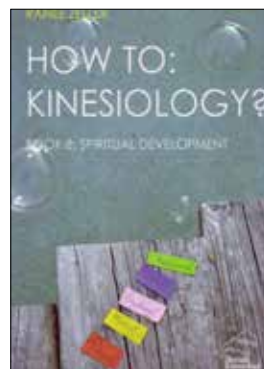


**BOOK 6:
 Abundance & Business
 Management
 \$33.00**

This manual is both a tool for therapists working with clients on the topic or a workbook for individuals wanting to improve their business, life skills & attitude relating to money. It goes through many situational topics

such as business environment, opportunities, threats, competition, mission & vision, goals & objectives, code of ethics, management styles, negative business beliefs, getting things into action & much more. The point by point basis of all these topics under the 5 aspects that appears in all the manuals - Physical, Mental, Emotional, Spiritual & Nutritional, makes this manual an excellent resource for working through these issues.

SPIRAL BOUND MANUAL of 70 pages



**BOOK 8:
 Spiritual Development
 \$57.00**

This manual is not one on how to find enlightenment, but one that offers a faster road to clearing fears that may be holding you back. It also gives simple meanings for spiritual words, experiences and entities. A huge compendium of information from Astrology and

Chakras to Light Bodies and Yoga - too numerous to cover its 162 pages here. May be used alone if the user is experienced in muscle testing. If not BOOK 1: Formula is recommended for a complete package.

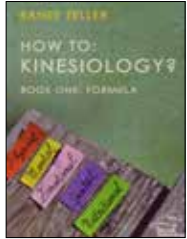
SPIRAL BOUND MANUAL of 162 pages

prevention of predisposed conditions, for healing of acute and chronic ailments, and for disorders that arise from stagnant energy and yin-yang imbalances. Detailed information is provided on each Element's specific attributes, associations, resonances and gifts, and anatomical illustrations are included for further guidance. An invaluable reference book for practitioners and students both flower therapy & Chinese Medicine.

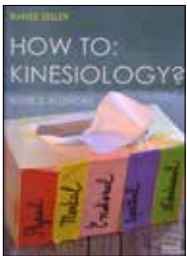


A Series of A4 Manuals for use with Kinesiology on various topics.
By Raneë Zeller

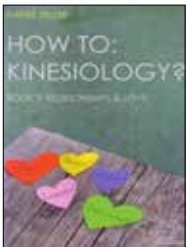
How To: Kinesiology ? SERIES



BOOK 1: Formula \$47.00
The Manual that puts the series together. Covers questioning skills, steps and the 'how to' formula - all which Raneë uses in her clinic & workshops. Then goes through the 'correction areas' with a chapter on each of Physical, Mental, Emotional, Spiritual & Nutritional aspects. These chapters have sub categories that list, point by point areas of involvement - over 80 pages of scan lists and material for access or referencing. This manual is highly recommended if buying any of the other books in the series, but not mandatory.



BOOK 2: Allergies \$43.00
An extremely comprehensive list of allergens right across the board from foods to fashion to household. Over 100 pages and thousands of listed items under various categories and sub categories. Also includes a bonus section on Coeliac, Milk Allergies, Salicylates, Nut Allergies for copyright free reproduction if helpful. A terrific resource for kinesiologists and anyone working with or interested in allergies. 118 pages



BOOK 3: Relationships & Love \$27.00
After over 20 years of research and hands-on experience assisting people in their own love healing journeys, Raneë has presented a manual on the topic for all to work with. This is a unique publication and is specifically aimed to use with Kinesiology. It begins by looking at personal beliefs around love, goal setting and the five love languages. The manual then goes through the Physical, Mental & Emotional aspects of a number of topics including: Affirmations, Quality Time, Gifts of Love, Acts of Service, Physical Touch. Following that is a scan list of relevant emotions, sabotages, sexual concerns and more. The manual finishes with correction strategies, homework, ideas, and appendices on the Female and Male Reproductive Systems and the Anatomy of Orgasm. Quite a workbook! 50 pages.

- Book 6: Abundance & Business Management \$33
- Book 8: Spiritual Development \$57
- Book 9: Meridians Made Easy \$23
- Book 10: Face Reading: \$27

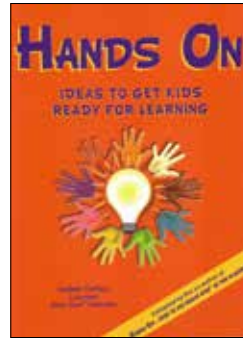
Books To Come..... (being published throughout 2017)

- Book 4: Learning Disorders
- Book 5: Weight Management
- Book 7: Physical Pain & Fitness

For more details go to our website or call or email & register to be contacted when available.

www.braingym.com.au

Selection of recent titles added to Equilibrium's sister website.



Hands On: Ideas to Get Kids Ready for Learning

by Isabel Cohen \$49

100 page collection of songs, rhymes, chants and stories using Brain Gym movements. For ages 3 - 9 years and for kids with special needs.

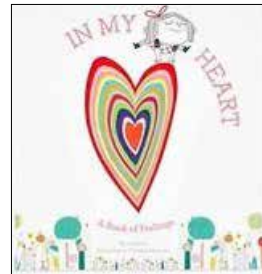
A companion manual to: Hands On - How to Use Brain Gym in the Classroom (also available for \$49)

Designed for use by:

- * Teachers & Teacher Aides * Parents * Tutors
- * Brain Gym Practitioners & Instructors

Spiral Bound A4 sized Manual for Easy Reference

Published In Australia by Equilibrium 2016



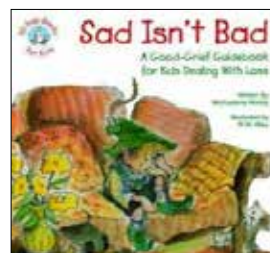
In My Heart: Book of Feelings

by Jo Witek \$20

Happiness, sadness, bravery, anger, shyness . . . our hearts can feel so many feelings! In My Heart explores a full range of emotions, describing how they feel physically, inside.

With language that is lyrical but also direct, toddlers will be empowered by this new vocabulary and able to practice articulating and identifying their own emotions.

Hardcover book with whimsical illustrations and an irresistible die-cut heart that extends through each spread, this unique feelings book is gorgeously packaged.



Sad Isn't Bad

by Michaelene Mundy \$18

A Grief Guidebook for Kids Dealing with Loss

Sad Isn't Bad offers children of all ages a comforting, realistic look at loss, loaded with positive, life-affirming helps for coping with loss as a child. It's a book that promotes honest and healthy grief and growth.

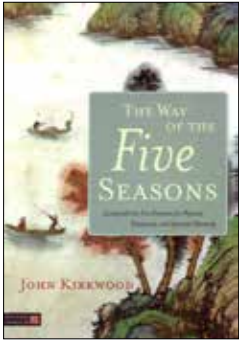


Raising your Child in a Digital World

by Dr Kristy Goodwin \$30

This book outlines the ways in which technology can help children in their natural development in regards to physical, mental and social relating skills. It explores the obstacles and technology myths that confront modern parents. Has concrete advice on how to develop healthy digital habits in your children and protect their emotional and mental health.

Special Interest



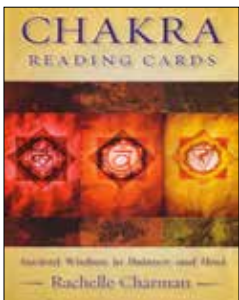
The Way of the Five Seasons

by John Kirkwood \$45

Living with the Five Elements for Physical, Emotional & Spiritual Harmony

A great text on the philosophical and practical principles of the five elements from the author of the extremely well received book 'The Way of the Five Elements' (see bestsellers next column). Work with each element and explore the 3 expressions of human life - the physical (structures, organs, tissues and systems), the psycho-emotional (thoughts, beliefs, self images, emotions and reactions) and the spirit, as well the connection between them.

Detailed information is provided on each Element's specific attributes, associations, resonances and gifts, and anatomical illustrations are included for further guidance. An invaluable reference book for practitioners who hope to become better practitioners to others.

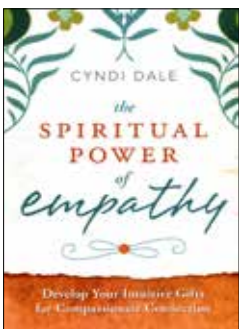


Chakra Reading CARDS

by Rachelle Charman \$30

36 cards incorporating the seven main Chakra systems plus the Soul Star and Earth Star Chakras. These two extra Chakra systems are what make this deck unique as they offer a deeper connection

and expanded awareness of each situation in your life. The deck is also very easy to use and shares an abundance of guidance and support for you in everyday life via each beautifully illustrated cards and the comprehensive guidebook. Included are powerful layouts and information on how to work closely with the cards for your own growth and for others' growth, too.



The Spiritual Power of Empathy

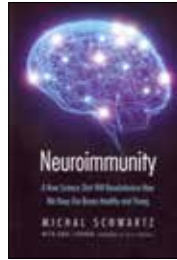
by Cyndi Dale \$31

Develop Your Intuitive Gifts for Compassionate Connection

For some the empathic gift provides insight and inspiration, but for others empathy creates feelings of confusion and panic. The

Spiritual Power of Empathy is a hands-on training course for empaths, showing you how to comfortably use this often-unrecognized ability for better relationships, career advancement, raising children, and healing the self and others. Join popular author Cyndi Dale as she shares ways to develop the six empathic types, techniques for screening and filtering information, and tips for opening up to a new world of deeper connections with the loved ones in your life. Also includes important information for dealing with the difficulties empaths often face, such as being overwhelmed in a crowd.

Bestsellers Last Newsletter

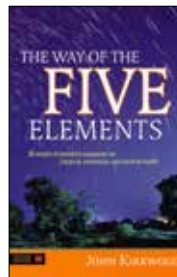


Neuroimmunity

by Michal Schwartz \$43 HC

A New Science that will Revolutionise how we Keep our Brains Healthy and Young

In the past, the brain was considered an autonomous organ, self-contained and completely separate from the body's immune system. But over the past twenty years, neuroimmunologist Michal Schwartz, together with her research team, not only has overturned this misconception but has brought to light revolutionary new understandings of brain health and repair. Schwartz describes the connections between the immune system and the brain and how that relates to the future of nervous system related dysfunctions.

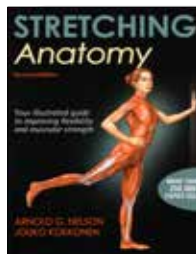


The Way of the Five Elements

by John Kirkwood \$43 HC

Powerful Acupoints for Physical, Emotional, and Spiritual Health

Journeying through the seasons of the Five Elements, this book covers 52 prominent acupoints, their functions in the everyday world and their physical, emotional and spiritual associations. It includes 'images' that express the spirit of the season, and clear descriptions and photographs of the point locations. A very practical and useful book on some of the most important acu points - done so in a manner that many people often seek. Valuable & Highly Recommended.



Stretching Anatomy

by Nelson & Kokkonen \$45

Expanded, enhanced & updated, this bestselling book returns with beautifully & clearly presented full colour illustrations of the muscles in stretching action. Stretching Anatomy shows you how to increase range of motion, supplement training, enhance recovery, and maximise efficiency of movement. Each exercise describes how to stretch, when to stretch, how each affects your body, primary and secondary muscle emphasis and which muscles are activated for support. Plus stretches for different sports and activities and MUCH MORE. You won't be disappointed with this book. 200+ pages, larger format. EXCELLENT !



Book of Human Emotions

by Tiffany Watt Smith \$24

An Encyclopedia of Feeling from Anger to Wanderlust

This book is about the story of over 200 different emotions and how their context is important in describing their meaning. Emotions are perceived and performed in different ways and can be defined and understood through cultural context, for example. Both the familiar emotions and rare emotions are covered. Each has its own story and history. This is not a book about technical definitions and categorising emotions, but glimpses into historical pasts and current cultural politics of emotions, shedding light on why we feel the way we do today. Presented in alphabetical order.

Essences



2017 Special Blend from Skyflowers

2017: *The Year of Intelligence. And There's No Higher Intelligence Than Common Sense.*

2017 Special Blend is an emergency-type formula designed to help meet the issues and challenges of 2017.

Containing a tailor-made blend of flowers, the 2017 Special Blend will help you to deal with issues coming from the collective consciousness. The flowers help to clarify what this year is all about and what you need to be aware of.

25ml Stock Combination Remedy: \$22.00



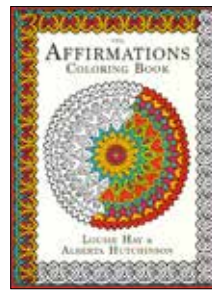
Solar Logos

From Australian Bush Flower Essences:

* Activates the light of the Soul within us, enabling access to the divine on a personal level. * Opens our heart & mind allowing the Christ Consciousness to more readily enter. * Brings light, love and spiritual power into our bodies, hearts & mind. * Integrates the Divine

Masculine and Divine Feminine within us. * Helps bring about the dissolution of the emotional and spiritual pain that has gathered in the bodies, hearts & minds of humanity. * **Plus further descriptions that comes with the bottle**

10ml Stock Remedy: \$33.00

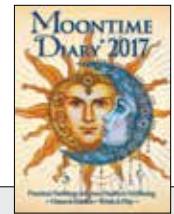


Affirmations Colouring Book by Louise Hay \$20

Take your work with affirmations to a new level through an enjoyable, relaxing and meditative activity. Features 44 affirmations, each coupled with an exquisite illustration and decorative border. Colouring these in and focusing on the affirmation at the same time encourages our minds to put attention on what we truly desire in life. Plus, via creative right-brain activity, we tap into our subconscious, for even more effective and long-lasting transformations.

Astrological Moon Planting Poster 2017

Paper: \$11,
Laminated \$16



2017 Diaries:

Moontime Diary 2017: \$34

Moon Diary 2017: \$34

Lunar & Seasonal Diary 2017: \$30

EQ47		MATERIAL:	QTY:	PRICE:
ORDER FORM:	SUB TOTAL			
	POSTAGE (see box)			
	TOTAL PAYMENT ENCLOSED			

POSTAGE:	
ADD \$5.00	
to the rates below if ordering WALL charts as well as books (requires separate post & tube)	
Order Value:	Post inc GST
up to \$29	\$5.00
\$30 - \$49	\$7.00
\$50 - \$99	\$8.00
\$100+	\$9.00

NAME: PHONE:

ADDRESS:

POSTCODE: EMAIL:

METHOD OF PAYMENT		<input type="checkbox"/> Cheque or Money Order (payable to 'Equilibrium')
<input type="checkbox"/> Mastercard	<input type="checkbox"/> Visa	Phone orders on CARD welcome.
Card Number	<input type="text"/>	
Name On Card	Expiry Date	Signature

PAYPAL & payments by EFT also available. Please Enquire.

Return to: EQUILIBRIUM, P.O. Box 155 Ormond VIC 3204

Ph: 03 9578 1229

Email: info@kinesiologystore.com