

Essences Newsletter 2016

from Equilibrium: 03 9578 1229, info@kinesiologyshop.com

SALE ITEMS



Shell Essences

We are selling off our shelf stock of the Shell Essences - a full set in 2 Wooden Boxes.

These days the Shell Essences are sold in flat cardboard trays of 5 or 8 bottles, so the older wooden boxes are a bonus.

The set includes 40 x 25ml stock bottles (2 boxes with 50 spaces - so 10 spare slots) Only one set available.

See Page 3 for prices and full details

Single Essence Bottles

Various Desert Alchemy and Shell Essences on sale. Sold individually.

See Page 4 & 5 for prices and full details



Gem Essence Set

Full 40 x 10ml bottle of Gem/Crystal Essences in wooden box from Renascent.

See Page 6 & 7 for prices and full details

Essential Oils

Not Essences but we have a full set of 50 Essential Oil Testers. These were on our shop shelf for the sake of walk in customers, but we have decided to let them go. The average level in each bottle is about 85%, so very full across the board. If you ever wanted a large range of Essential Oils from an Australian Company, then this is a 'bargain' way of achieving the result.

See Page 8 for prices and full details



More Sale Items Next Page.....

WHAT'S HOT

Bestselling Items so far this year....

Chakra Essences



The Chakra Essence Set:
10 x 10ml stock bottles,
boxed
\$115.00

The Chakra Essences are a powerful set of Flower, Gem & Crystal Essence combinations helping you to work at a deep level with the issues and patterns of each of the chakras that most affect your mental and emotional well being. There are ten essences in the set; one for each of the seven main chakras as well as one for the feet chakra, higher heart chakra and the higher chakras above the head. From the well respected and established Crystal Herbs in the UK - also the manufacturers of Bach Flower Essences supplied by Equilibrium.

Feet * Base * Sacral * Solar Plexus * Heart *
Higher Heart * Throat * Brow * Crown * Higher

Isis Essence 10ml

\$28.00



From Australian Bush Flower Essences. A life changing gift from the Divine Feminine, that can have a profound effect on the healing of deeper inner issues that go back beyond this life and this domain.....

*Allows you to feel the presence, protection and love of the Divine Feminine. *Illuminates our inner dark places where we store our pain and suffering. *Replaces aspects of our wounded self with love and courage. *Helps you to draw love into yourself in times of turbulence, anxiety and uncertainty. *Enables you to access and release wounding in your soul arising from the Spirit world, this and other lives. *Integrates any separated, emotionally cut off parts of ourselves.

Fresh Start Essence 25ml

\$22



A blend from the Skyflowers range

If you have ever wanted to 'start your life over again' and make a fresh start, then this blend is for you.

Fresh Start is a 'rebirthing' blend designed to 'reboot the computer', quit old thought programs and shut down outdated consciousness! Great for when you want a 'clean sheet of paper' to write your life on.

Equilibrium: Supplying Essences for over 20 years

Essence Supplies & Accessories



Empty Dropper Bottles

We supply empty Dropper Bottles in 10 packs:

15ml Amber Dropper Bottle 10 Pack: \$13.00
25ml Amber Dropper Bottle 10 Pack: \$14.50



Bach Flower Essence Chart

\$28
Pictures all the Bach Flowers with their negative and positive aspects. A beautiful and informative, large wall chart. 60 x 85cm, laminated



Essence Description Manual

\$15.00

Compiled & Published by Equilibrium
A compilation of various popular ranges of essences (many kinesiology based), including lists and descriptions of individual bottles.

This manual is a fantastic resource for Kinesiologists and Natural Therapists. Covers over 500 individual essences with descriptions, from the following ranges:

- Australian Bush Flower Essences
- Bach Flower Essences
- Desert Alchemy Flower Essences
- The Skyflowers
- Renascent Gem Essences (Crystal Essences)
- Shell Essences (& Coral Essences)
- O'Ora Archetypal Essences
- I Am Essences
- Essences of Change

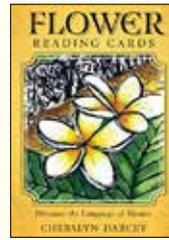
A valuable reference on mental, emotional & spiritual conditions, concepts and states of being.

SALE Essence Boxes/Containers:

1. Wooden Box for 25 x 25ml Bottles: \$20
2. Wooden Box for 12 x 25ml Bottles: \$10
3. Wooden Box for 40 x 25ml Bottles: \$35
4. Wooden Box for 40 x 10ml Bottles: \$25
5. Damaged Cardboard Box from Australian Bush Flower Essences. Fit 36 x 15ml Bottles: \$9 (RRP: \$17)
6. Black Leather Zipped Pouch/Satchel for 40 x 10ml Bottles - suit Bach Flower set \$45 (RRP: \$88)



Essences Card Decks



Flower Reading Cards

by Cheralyn Darcey \$25

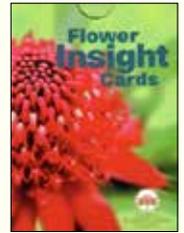
Flower Reading Cards are an excellent introduction to flower reading as well as an entry level botanical reference. If you have ever wondered what a flower means or why anyone has ever attributed symbolic meaning to a plant then this card set will answer those questions. Floramancy is a way of connecting with the Language of Nature, and is the foundation of this boxed set of 36 pictorial cards and 96 page full colour guidebook of the world's favourite flowers. The ancient art of reading flowers and plants for divination and for healing insight, is gained through understanding these meanings so that you may wish them on others or bring that energy into your own world. It features unique flower spreads for readings and a special card of the day instruction.



Australian Wild Flower Reading Card Set

\$25.00

In a similar vein to the Flower Reading Card Set above but with Aussie Wildflowers. 44 Cards



Flower Insight Cards

\$50.00

The 50 cards set that belongs to the Australian Bush Flower essences.



Bach Flower Picture Reference Cards

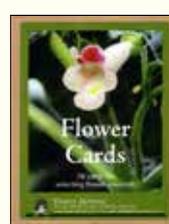
\$35.00

The set of hand drawn pictorial cards that belong to the 38 BF remedies.

Shells Essence Card Set

\$35.00

Colour photos & descriptions of the 25 main shell essences. Includes the Shell Essence Booklet



Desert Alchemy Cards

\$69.00

Cards for 78 of the Desert Alchemy essences

Replacements?

Call or email us if you need some bottles replaced in your kits. Such as Australian Bush Flower Essences, Bach Flowers, Desert Alchemy, Shell Essences etc.

For our full range and prices go to:

<http://www.kinesiologysshop.com/eqop.html>

www.kinesiologysshop.com

Sale Essences

from Equilibrium: 03 9578 1229, info@kinesiologyshop.com



Shell Essences Set

We are selling off our shelf stock of the Shell Essences - a full set in 2 Wooden Boxes.

These days the Shell Essences are sold in flat cardboard trays of

5 or 8 bottles, so the older wooden boxes are a bonus.

**The set includes 40 x 25ml stock bottles
(2 boxes with 50 spaces - so 10 spare slots).
Only one set available.**

SALE PRICE: \$370 in 2 wooden boxes (usual retail \$805 in 5 cardboard boxes)

Additional: If buying this kit one may add in any single sale bottles (next page) at half the sale price.

EXPIRY DATES: Some of the 40 bottles are past their expiry. Expiry dates follow regulations, but the essence industry viewpoint is that essences last well beyond their expiry, and potentially indefinitely, especially when cared for (e.g. don't store on magnets or window sills etc). More specifically the expiry dates of these bottles are: 5 bottles at 2015, 13 at 2016, 1 at 2017, 9 at 2018 & 15 at 2019 onwards.

DESCRIPTIONS: (of the full set of 40)

● Barnacle

This Essence brings about a belief in the beauty of self and others and allows the third eye to actualise itself without fear.

● Black Nerite

Can raise the consciousness level enough to release ancestral karma by reducing body type fear.

● Bubble-in-a-Shell

Helps men to soften in an inner loving harmonising way without losing masculinity.

● Callala Bay Scallop

Gives a 'new heart and a new start'. Releases old ghosts - unpleasant memories from other times. Removes blocks to healing, by removing the cycle of repetitive patterns to allow positive change.

● Chocolate Cowrie

For opposing points of view, moodiness and environmental cleansing.

● Cockle

A cleanser of the psychic mind. For people who have a lot of self-doubt.

● Ear Shell

This Essence relates to the heart not the pride. Congruity in dealing with others. Focus, clarity and creativity.

● Egg Cowrie

Actualise a spiritual re-awakening in a positive way. Fear for the future. Mends thin auras. Self-realization and actualisation.

● Estuary Shell

Too many views; problems in a new situation; difficulty understanding abstract concepts; blocks to learning something new.

● Eyed Cowrie

Encourages growth towards awareness and wisdom. Allows higher consciousness to learn with love. Removes psychic imprint of distorted television views of life.

● False Ear Shell

Accepting, sharing and blending of ideas. Excellent in a group situation. For sense of loss – maybe loss of glamour, respectability, or loss of self-respect in business.

● Fluted Giant Clam

Stress of aging. Helps reduce the appearance of emotional stress lines on the skin. Resets the meridian time clock if there are time perception difficulties.

● Humped Conch

"I hear, I heal". For people who put much value on verbal representation but feel inadequate. For appropriate expression of feelings.

● "I Allow"

Has no judgement; just pure light, peace and perfection. Allows enlightenment, self-love and self-awareness.

● Jingle Shell

Professional jealousy – For acknowledging own achievements. Removes inertia and pride when trying something new. Stagnant chi in lower body.

● Lettered Cone

Belief in one's own inner goodness and knowledge. To receive the right messages, psychic or otherwise. Realigns positive astrological sun sign.

● Limpet

Strong attitudes that annihilate others. New values, more laughter, more love and more tolerance.

● Little Whelks

Children's happiness essence for the inner child of all ages; promotes feelings of youthfulness, joyfulness and peacefulness.

● Murex

Murex helps bring in wisdom and warmth when there are family worries and unmanageable stress. Unbalanced mothering.

● Necklace Nerite

Re-create sexuality in a more self-loving way. Removes entities when there are breaks in lower chakras.

● Paua Shell (Rainbow Abalone)

Repressed anger. Emotional stubbornness, envy and jealousy. Encourages positive self-talk, self-love and self-discipline.

● Pheasant Shell

'Unconditional love'. Discourages negative thinking and brings Light through. Prolongs perception of youth; feeling good about oneself.

● Pipi

Seeing self as perfect within an imperfect form or relationship. Loss and grief. Increases clairvoyant ability.

● Rainbow Delight

Light and love for those with fear due to difficult astrology. Helps day to day fears dissolve in Light, and replaces them with laughter.

Shell Essences Kit Descriptions Continued Over.....

Shell Essences Kit Descriptions Continued.....

● Robin's Cowrie

Balance for the male/female essence type in the male or female form. Positive femininity and masculinity. Softens a hardened female psyche.

● Sand Dollar

To speak from the heart and not from the mind. Emotional coldness, detachment and callousness. For courage, compassion, understanding and sincerity.

● Scallop

Equalizer to help people balance their God within their own individuality. A very spiritual essence. Calms repetitive thinking and fearful behaviour.

● Sea Urchin

Relates to the 'breath of life'. Eases the passage of birth or death. For any difficult emotional breathing patterns.

● Spengler's Triton

Faith and certainty in oneself for those who use false persona to hide pain and fear from self and others

● Star Fish

Love and forgiveness when there is slow heavy thinking and emotional stubbornness. A rebalancing essence for blocked Taurus energy.

● Stromb Canarium

Higher spiritual knowing to protect those trying to evolve, but who are still using old pathway messages of self-suffering and hate.

● Strombus Fasciatus

Helps one remember that the pure simple essence of Spirit is Love, Light and Laughter. One can be spiritual without being uptight. Balances and calms aura.

● Sydney Turbo Shell

Harmony in a new culture or environment. Calms doubts and fears of racial tension. A sense of integration when there is isolation and aloneness.

● Syrinx Aruanus

A powerful spiritual healer. Heightens group awareness to bring about harmony.

● Tent Venus Shell

Balances polarity. Rebalances relationships in regards to an "affair". Clears negative cordings (manipulative energy links between people)

● Tiger Cowrie

Clears subtle- body energy overlaps, both present (surrogations) and past life. Reharmonizes genetic influences.

● Volute I

Softens 'orthodox view' for people who believe they have 'sinned' and feel guilty. 'Re-educates' those who feed off the energies of others.

● Volute II

For those simply desiring a better human life for themselves and their family. Creativity and positive lifestyle changes.

● Windowpane Oyster

Softens criticism of self and others.

● Yellow Sand Snail

Astrology personality clashes and energy slumps. Relationship difficulties and scattered thinking.

Sale Single Essence Bottles

Various Desert Alchemy & Shell Essences on sale.
Sold individually.

All stock bottles unless mentioned otherwise.



Shell & Coral Essences

PRICES: as marked below each (usual retail \$23). All Bottles are 25ml Stock. Take an extra 20% off the sale price if

buying 3 or more bottles.

EXPIRY DATES: Some of the bottles are past their expiry. Expiry dates follow regulations, but the essence industry viewpoint is that essences last well beyond their expiry, and potentially indefinitely, especially when cared for. Expiry dates of the bottles below are given in brackets.

DESCRIPTIONS:

* Shining Pink Clam

For determination and strength to "fight difficult battles" with Harmony, Healing & Peace **\$18 (2019)**

* South Sea Pearl

Releasing ego attachment to the superficial and external, and replacing that with calm, peaceful connection to the 'Light' within all. **\$18 (2019) x 2**

* Stromatolite

Helps regain forgotten wisdom and stimulates new knowledge and understanding. **\$18 (2019)**

* Goniastrea Coral

Understanding the dimension of 'time' is elastic and can be manipulated; living in the 'now', resolving procrastination issues. Responsibility towards the planets environment. **\$11 (2016)**

* Quobba Coral

A heart-centered Essence to allow those with spiritual uncertainty to experience positive vision of the truth and love within all. Positive visual clairvoyant ability. **\$11 (2016)**

* Shinbone Tibia

Gratitude and new beginnings. Removes barriers which create fear and self-doubt, allowing us to discover new directions, and to embrace the change with trust, enthusiasm, faith and delight. **\$11 (2016), \$7 (2015) x 2**

* Ammonite

For heart-centered courage and steadfast faith especially during times of change. To allow change to happen around us, knowing that we will always be secure. **\$11 (2016), \$7 (2015)**

* Fossil Nautilus

Connecting to the love within; accessing forgotten gifts and abilities – asking and receiving the skills and abilities we have learned in times past. **\$11 (2016)**

* Amber Dolphin

Freedom of thought and experience. Expanded consciousness and awareness; creative thought – thinking outside the square. **\$11 (2016) x 2**

* White False Oyster

For stability and balance, determination and drive. Encourages stability and balance in all areas of life and also gives determination and drive when dealing with the unfamiliar. **\$15 (2017)**

* Wonder Cowrie

Restores feelings of closeness and connection when there is a perception of isolation, separation, and disconnection from Spirit, family and friends. **\$7 (2015) x 3**



Shell Combination Essences

PRICES: as marked below each (usual retail \$21). All Bottles are 25ml Dosage.

Take an extra 20% off the sale price if buying 3 or more bottles

EXPIRY DATES: Some of the bottles are past their expiry. Expiry dates follow regulations, but the essence industry viewpoint is that essences last well beyond their expiry, and potentially indefinitely, especially when cared for. The expiry dates of the bottles below are given in brackets.

DESCRIPTIONS:

❖ Essenshell Courage

Helps us find courage, faith and stability during times of difficulty. When we feel anxious, insecure and lack confidence in our ability to cope, Essenshell Courage helps us find our inner strength and resolve and gives a feeling of peace and contentment. **\$16 (2019) x 2**

❖ No More Anger

This solution helps those who have inappropriate episodes of explosive anger 'when things go wrong' and they lose control of a situation. Also for those who have had to always suppress their anger and are unable to express angry feelings in a positive manner. No More Anger releases the tension of stored anger, and allows positive, appropriate expression of angry feelings. It encourages self-discipline and a softer, more forgiving and rational approach to life's difficulties. **\$14 (2018)**

❖ No More Guilt

This blend addresses both past and recent guilt and encourages compassion for all, thus allowing us to live our lives with more ease and grace. **\$16 (2019)**

❖ No More Fear

This solution addresses the fear always present in the minds of some people. They may experience a constant vague fear and distrust which colours their life experiences and creates expectation of future difficulty and danger. No More Fear creates calmness, clarity, and a positive attitude. It reduces panic and removes debilitating fear allowing us to cope rationally with fearful situations. **\$16 (2019)**

❖ Peaceful Sleep

Gently calms the mind, reduces fear and anxious thoughts to allow peaceful sleep. Encourages a relaxed breathing pattern. Beneficial for all ages. **\$13 (2017)**

❖ Women's Mid-life Harmoniser

This essence may reduce the emotional discomfort many women experience during 'change of life'. It can induce feelings of contentment and calmness and positive rational behaviour. allowing the heart to open to lovemaking. **\$9 (2016)**

❖ Essenshell Loving Relationships

Encourages relationships with self and others based on respect, kindness and compassion. Re-established harmony when planetary blocks create feelings of disconnectedness. Clears energy blockages to allow feelings of friendship, tolerance, and calmness. **\$6 (2015)**

❖ Beyond Time

This essence encourages a feeling of youthfulness, and an understanding that ageing can be happy and stress free. It can help release a belief in age-related limitations mental and physical, and self-disgust, anger and despair associated with the ageing process. **\$14 (2018), \$6 (2015)**



Desert Alchemy Essences

PRICES: as marked below each (usual retail \$22). All Bottles are 10ml Stock. Take an extra 20% off the sale price if buying 3 or more bottles.

EXPIRY DATES:

Expiry dates of the bottles below are given in brackets.

DESCRIPTIONS:

● Big Root Jatropha

Excellent for "growth spurts", encourages a feeling of security as great inner expansion takes place. It helps you feel safe enough to allow change to happen without the need to control everything. **\$15 (2020) x 2**

● Bisbee Beehive Cactus

Helps take you to the core of an issue and feel grace and healing energy at a cellular level. Excellent for recovery of sexual abuse. **\$15 (2021)**

● Bloodroot

For those who exclude themselves or feel ostracized from a group. It helps heal the wounds of rejection and frees us from the bonds of unworthiness. **\$15 (2024)**

● Candy Barrel Cactus

Fostering mental and emotional calmness, it helps you recognize your inner wisdom and uncover long stored abilities. **\$15 (2021)**

● Cardinal Flower

For those who allow the five senses to dictate their responses rather than mastering their bodies and senses. Also for menopause and puberty. **\$15 (2024) x 2**

● Indian Root

Trying too hard and making things complex when in reality things are simple. It releases deep seated fears that block free-flowing creativity. **\$10 (2018)**

● Immortal

Immortal goes to the core of shame and self-esteem issues. Excellent for resolving feelings of despair and feeling that problems are insoluble. **\$15 (2021)**

● Jojoba

For the highly sensitive individual who finds it hard to cope with the mundane because they feel that their sensitivity is a liability. **\$15 (2020) x 2**

● Lavender Wand Penstemon

Inability to deal with emotionally charged issues. Brings emotional objectivity and transforms attitudes of struggle and difficulty. **\$15 (2020)**

● Thistle

For those who experience a lack of trust or faith in their spiritual connection. Helps you let go of defensiveness and recognize grace in your life. **\$15 (2020)**

● Thurber's Gilia

For all types of fears that paralyze or freeze you in inaction. For the frustration of limitations and the paradoxical fear of living without them. **\$10 (2018)**



Gem Essences Set

Full set of 40 x 10ml stock bottles of
Crystal Essences in wooden box from
Renascent.
Bottles have drip tops (not droppers)

SALE PRICE: \$350 (usual price \$520)

DESCRIPTIONS:

AGATE

Negative: Lack of energy to accomplish all that is necessary, emotionally insecure

Positive: Brings emotional security, spiritual insight & assists with acceptance of self & others. Increases vitality & energy. Alleviates inner turmoil (berating oneself)

AQUAMARINE

Negative: Imbalanced emotional states, scattered thoughts, feeling vulnerable, impatient.

Positive: Improves tolerance & patience in the emotions, brings clarity of thoughts & strength.

AMAZONITE

Negative: Discontented with life, mentally exhausted, need to be constantly on the move.

Positive: Brings new awareness, meaning in life, direction, calms nerves, enhances creative expression. Assists to strengthen meridians (especially when applied to the soles)& willpower.

AMBER

Negative: easily hurt, difficulties to relax & unwind, feeling of need to keep emotions under control., having so much to do you feel like exploding, emotional rigidity.

Positive: Brings serenity, balance, emotional harmony, whilst soothing & nurturing.

AMETHYST

Negative: Difficulties meditating, insomnia, lose temper easily, feeling grief stricken & scattered, not wanting to allow others to get close. Emotional peaks & deep lows.

Positive: centres & calms, enhances spirituality & insight, brings healing during sleep.

AZURITE

Negative: Afraid of leadership &/or responsibility, disappointed easily in self & others, take on others negative energies, lack direction, fearful.

Positive: Brings tenderness, purpose, confidence, leadership skills, allows release from the past, enhances healing abilities.

BLOODSTONE

Negative: Feeling weighed down, hectic & hurried, life fraught with difficulties

Positive: Raises consciousness, sweeps the heavy feeling away, reconnects you with your own truths & rediscover the areas in your life most important to you. Soothes female concerns

CALCITE

Negative: Belief that love & acceptance must be earned, mental anguish, aversion to change, feeling "unclean".

Positive: Brings clarity, lightness, fulfilment, purity & acts as a positive thought form amplifier. Courage to accept transformation, assists astral projection.

CARNELIAN

Negative: Feeling stuck, difficulty accomplishing goals, desire to be noticed, holding things in through nervous tension, stubbornness. Absent minded, confused, unfocused.

Positive: Motivation, release, movement, initiates transformation, joy & freedom.

CHRYSOCOLLA

Negative: Fragile, vulnerable, afraid of the unseen, feeling influenced by outside forces, need to appear forceful, yet feel weak.

Positive: Lightness of heart, spiritual safety, abundance, gentleness, allays feelings of fear. Assists in channelling & when feeling under psychic attack.

CITRINE

Negative: Feeling of never being good enough, feeling of losing control & being ruled by emotions, shattered by criticism, inability to maintain focus. Difficulties in making choices.

Positive: Energising, shows choices, enhances creativity, self esteem, security, calm & control

CORAL

Negative: Concerned on others opinions of you, sick & tired from lack of energy, don't know how to achieve what you want from life.

Positive: Balancing, brings energy & acceptance of self & others, accomplishment, good for children. Lays down energy stores.

DIAMOND

Negative: Lack of connection with higher self, not understanding why things are happening. Seeking validation from outside. Weak in character. Weak character, beginning new path.

Positive: Brings back a sparkle, strength, positive energy & a sense of spiritual ecstasy.

DIOPTASE

Negative: Lack of understanding about the unseen forces, feel like being held back from the past. Suppressing grief & sorrow.

Positive: Brings support & focus, assists to release the past to enable you to move on, brings awareness of higher realms.

EMERALD

Negative: Unable to "see" things that are going on, walking into problems & difficulties, trying to maintain a false image.

Positive: Allows you to feel comfortable with who you are. Gives greater insight in all areas, improves intuition & clairvoyance. Enhances dreams.

FLUORITE

Negative: trouble putting things together in a working order, feeling isolated & unable to cope, difficulty in letting go.

Positive: Spiritual awareness, solid foundations, unconditional love, assists to grasp & combine abstract & rational concepts.

GARNET

Negative: Lack of concern for others, flighty, need for approval from others, uncentred & sad from never being able to achieve enough.

Positive: Brings self respect, inspires imagination, upliftment, courage, compassion, freedom & success.

GOLD

Negative: Feeling distracted, weighed down, difficult to achieve great satisfaction, easily frustrated.

Positive: Regenerating, brings meaning satisfaction & positivity in all aspects of your life. Assists when feeling overburdened with responsibilities to ease the load.

HERKIMER DIAMOND

Negative: Feeling daunted by concerns, look to others for answers, feeling cluttered & turbulent, holding on to the past, deep hurt & sadness. Under stress, trouble recalling dreams.

Positive: Brings direction, happiness, serenity, upliftment & clarity. Allows you to move on.

Gem Essences Kit Descriptions Continued.....

JADE

Negative: Total mental, physical & emotional fatigue from long term stress, feeling afraid, nothing coming together, fear of failing & lack of support. Stress for new birth in life.

Positive: Brings inner peace, tranquillity, achievement & Synchronicity. Feeling supported.

JASPER

Negative: Afraid of the future, sadness, guilt, feeling ungrounded, disconnection in the body & emotions.

Positive: Grounding, energising, assists you to let go & move on, brings patience, tolerance & understanding, quick thinking. Assists past life recall & work.

LAPIS LAZULI

Negative: Lack of support, Feeling unworthy & like giving up, lost soul, no one understands me, disappointed & let down.

Positive: Promotes self worth, spiritual purity & direction, integrity, wisdom & light. An emotional haven. Broadens self knowledge.

MALACHITE

Negative: Heart broken, no meaning in life, depression, low patience & tolerance, feeling blocked in life.

Positive: Promotes patience, general well being, endurance, spiritual maturity, meaning in life. Alleviates lonesome feelings. Cleanses the soul.

MOONSTONE

Negative: Feeling emotionally isolated & victimised, vulnerable, insecure.

Positive: Increases intuition, supports emotions, removes anxiety & nurtures. Assists integration & harmony.

OPAL

Negative: Angered easily, pessimistic, set back by own negative thoughts, feel like life is not moving forwards.

Positive: Increase psychic awareness, spontaneity, sensitivity, calms overwrought states, brings joy & creativity. Draws hidden emotions to the surface to deal with.

PERIDOT

Negative: Feeling confused & fearful, easily depressed or jealous, obsession with own troubles & experiences, feel like grieving period should be over.

Positive: Brings confidence, connection, awareness of self & others, self worth & focus.

PYRITE

Negative: Difficulties working with others in long term, rigid perspective's, feel unstable, upset others easily, difficulty to be vulnerable in front of others.

Positive: Increase harmony, practicality, confidence, softens attitudes & words.

QUARTZ CRYSTAL

Negative: Perfectionist, blaming others, constantly tired, inflexible, rigid, not going with flow of life, feeling of being held back &/ or stagnant from achieving true potential.

Positive: Increases energy, insight, harmony, balance and upliftment, reconnects purpose.

RHODONITE

Negative: Easily irritated, feeling weak & tired, mental turmoil about moving on.

Positive: Brings mental rest & peace, insight, refreshing & stimulating. Good for psychics.

ROSE QUARTZ

Negative: Feeling vulnerable & unprotected, difficulties in forgiving others, carrying burdens and hurts.

Positive: Brings compassion, love, forgiveness, allows you to feel adequate, supported and at peace. Clears imbalanced emotions & traumas the heart is carrying.

RUBY

Negative: Seeking approval for actions, suppressing own feelings, feeling weighed down through grief & unresolved emotions.

Positive: Calms & centres emotions, sets a healing process in motion, brings strength & personal empowerment.

RUTILATED QUARTZ

Negative: Poor communication, under a great deal of pressure, disappointed in others & self.

Positive: Improves communication skills with people & guides when combined with some effort, relieves a feeling of burden & allows people to be who they are. Enhances life force.

SAPPHIRE

Negative: Lack of focus, unsure of purpose, desire to control loved ones, feeling stressed. Scattered thoughts & emotions.

Positive: brings concentration, clarity of life purpose, serenity & intense love. Calms, centres, clears, promotes wisdom. Clears confusion.

SMOKY QUARTZ

Negative: Imbalanced attitudes around sexuality, feeling caught up in or stuck in something from the past.

Positive: Brings self love, completion of one cycle of life & the ability to move forward into the next cycle. Uplifting dissipates subconscious blocks.

SODALITE

Negative: Feeling sad, broken hearted, critical of others & feeling pessimistic.

Positive: Balances out over sensitivity, refreshes the mind & emotions in the heart, brings mental change. Imparts youth & freshness, relieves a heavy heart. Brings effervescence.

SUGILITE

Negative: Lacking in intuition or psychic abilities or oversensitivities to them. Feeling drained by the world & everyone in it.

Positive: Brings a sense of purpose, protects the psychic centres, brings spiritual truth & enlightened energy. Softens, supports & comforts.

TIGER EYE

Negative: Inability to sleep from too many thoughts going on in the mind, scattered energies, desire to control events in life. Feeling tied down & confronting with others.

Positive: Centres & balances thoughts & emotions. Assists manifestations.

TOURMALINE

Negative: Feeling like you don't belong, conflicts and confusion over choices.

Positive: Self assurance, Co operative thoughts & attitudes. A cleanser for the entire existence

TURQUOISE

Negative: Afraid of standing up for own beliefs, difficulties in understanding others points of view.

Positive: Brings courage, success, personal power & strength of own convictions.

ZIRCON

Negative: Life tends to be ruled by emotions, feeling let down with self.

Positive: Brings self worth, tolerance & inner peace, calms & quiets the mind. Increases vitality & is a wonderful all round healer. Assists to reflect about the good things in life.

Essential Oils Set

We have a full set of 50 Essential Oil Testers. These were on our shop shelf for the sake of walk in customers, but we have decided to let them go.

The average level in each bottle is about 85%, so very full across the board. If you ever wanted a large range of Essential Oils, these are the 'Gumleaf' range from an Australian Company (Buckley & Philips), and is a 'bargain' way of achieving the result.



COST: \$370 (discounted 60% off retail)

OIL	Retail Price	% full
Aniseed	13	100%
Baby Calm (Blend)	15	100%
Basil	16	90%
Bay	21	100%
Bergamot	16	95%
Cedarwood	14	50%
Chamomile	16	80%
Cinnamon	15	100%
Citronella	13	95%
Clary Sage	18	70%
Clove Bud	16	80%
Cypress	23	95%
Fennel	15	100%
Frankincense	21	95%
Geranium	21	80%
Ginger	17	90%
Grapefruit	14	80%
Jasmine 3%	17	90%
Juniper Berry	24	90%
Lavender - French	15	30%
Lavender Spike	16	50%
Lemon	13	60%
Lemon Grass	16	90%
Lemon Myrtle	21	100%
Lime	15	60%
Mandarin	12	50%
Marjoram	21	70%
May Chang	14	95%

OIL	Retail Price	% full
Meditation (Blend)	19	95%
Melissa	26	100%
Myrrh	39	80%
Neroli 3%	23	100%
Nutmeg	17	90%
Orange	12	70%
Patchouli	19	85%
Peppermint	17	95%
Pettigrain	16	95%
Pine Needles	17	90%
Rose 3%	18	60%
Rose Geranium	24	95%
Rosemary	13	80%
Rosewood	17	75%
Sage	17	95%
Sandalwood	61	80%
Spearmint	17	100%
Tangerine	14	90%
Tea-Tree	17	80%
Thyme Red	15	95%
Vetiver	19	100%
Ylang Ylang	21	80%

TOTAL RETAIL PRICE: \$926
60% off: \$370 plus postage

SALE Essence Boxes/Containers:

1. Wooden Box for 25 x 25ml Bottles: \$20
2. Wooden Box for 12 x 25ml Bottles: \$10



3. Wooden Box for 40 x 25ml Bottles: \$35
4. Wooden Box for 40 x 10ml Bottles: \$25



5. Damaged Cardboard Box from Australian Bush Flower Essences. Fit 36 x 15ml Bottles: \$9 (RRP: \$17) One corner damaged.



6. Black Leather Zipped Pouch/Satchel for 40 x 10ml Bottles - suit Bach Flower set \$45 (RRP: \$88)

