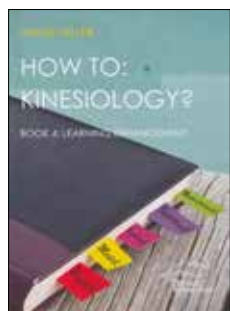


2017 Kinesiology Conference Journal

Journal of Papers
from the AKA National
Kinesiology Conference,
October 2017, Melbourne

\$33

- Embryology: The Scientific Way To Describe Meridians by *Marco Rado*
- Pelvic Problems Affecting Sciatica by *Danny Liddell*
- Integrating Kinesiology and Flower Therapy by *Brendan Rohan*
- Acupressure Formatting by *Charles Krebs*
- An Investigation into the Efficacy of PKP in Improving the Quality and Quantity of Sleep by *Jenne Burns*
- Kinesiology & Healthy Aging by *Parijat Wismer*
- In Focus: Vision, Mind and Body by *Michael Christian*
- The Reptilian Vagus & Burnout by *Hugo Tobar*
- Ethical Super for Kinesiologists by *Mary Campbell*
- Mental Health Issues and How To Help by *Gordon Dickson*
- How Many Brains Do We Have by *Marco Rado*
- Balancing Gardasil Issues by *Philip Rafferty*
- Aligning Your Thriving Heart Centered Business with The Greater Vision For All by *Robbi Zeck*



Learning Enhancement

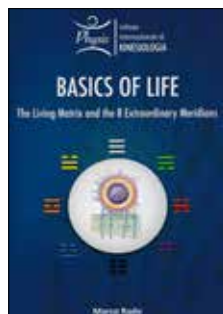
HTK: Book 4
Latest Addition to the
'How to Kinesiology' Series

by *Ranee Zeller* **\$37**

As with Ranee's other manuals & topics in this series, Book 4: Learning Enhancement is a check list, scan list, assessment list and procedure for all that is involved in learning. It is quite a compendium and here is a list of topics, some of which are covered in huge detail:

- * Order of Learning
- * Learning Challenges
- * Syndromes & Developmental Disorders
- * Day Care Problems
- * Classroom Problems
- * Tests/Exams
- * Mental (Numbers/Alphabet/Homework/Computer etc)
- * Emotional (Bullying/Excuses etc)
- * Nutritional (Intolerances/Drugs/Addictions etc)
- * Reflexes
- * Sensory Integration
- * Auditory/Vision/Speech
- * Affirmations
- * 7 Keys of Intelligence
- * Milestones

Spiral Bound A4 manual of 78 pages, text pages black on white.



Basics of Life

The Living Matrix & the 8
Extra Meridians
by *Marco Rado* **\$55**

The manual for the course of the same name, as presented after the Kinesiology Conference in Melbourne October 2017.

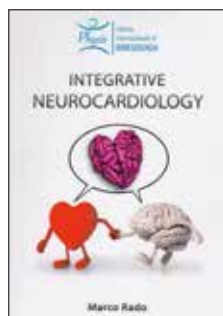
The BOL manual begins by discussing the Living Matrix - the continuous, dynamic and integrated network of all activities and components of the body. From these characteristics and functions of the 8 Extraordinary Meridians are covered as well the relationship to embryological development, teeth and muscle monitoring.

The BOL balancing procedure is given which is a template for working with any of the 8E meridian as highlighted in the rest of the manual, where all the balancing information for each is contained.

This BOL procedure is very much based in TCM and represents a deeper understanding of the 8E Meridians for use with Kinesiology.

Spiral Bound A4 manual of 83 pages - full colour

NOTE: This is a course manual and learning & understanding the material fully is often best achieved in the class environment.



Integrative Neurocardiology

by *Marco Rado* **\$47**

The manual for the course of the same name, as presented after the Kinesiology Conference in Melbourne October 2017.

The INC Manual introduces the Third Brain - the Cardiac or Heart Brain (the second brain being the gut). The heart plays a unique synchronising role in the body and is in continuous communication with the Brain via multiple pathways (neurologically, biochemically, energetically, structurally and biophysically). It is a global conductor and also has a major place in TCM.

The INC manual discusses the role of TCM in understanding the third brain and covers the procedures for working with the heart and the sense organs. It also outlines the procedures relating to each of the pathways mentioned above. Finally the manual covers the spiritual aspects/energies that reside in certain organs.

Spiral Bound A4 manual of 68 pages - full colour

NOTE: This is a course manual and learning & understanding the material fully is often best achieved in the class environment.



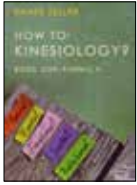
**A Series of
A4 Manuals
for use with
Kinesiology on
various topics.**
By Raneë Zeller

www.braingym.com.au

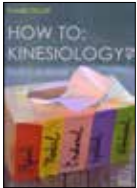
**Selection of recent titles added to
Equilibrium's sister website.**
To view many more new books in this area visit
the website & click on 'new titles'.

How To: Kinesiology ? SERIES

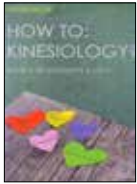
Spiral Bound Manuals - Text Pages Black & White



BOOK 1: Formula \$47.00
Covers questioning skills, steps and the 'how to' formula. The categories list, point by point, the areas of involvement - over 80 pages of scan lists and material for access or referencing. This manual is highly recommended if buying any of the other books in the series, but not mandatory.



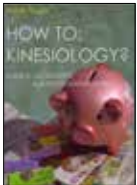
BOOK 2: Allergies \$43.00
An extremely comprehensive list of allergens right across the board from foods to fashion to household. Over 100 pages and thousands of listed items under various categories and sub categories. A terrific resource for kinesiologists and anyone working with or interested in allergies.



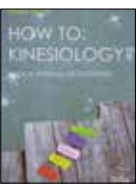
BOOK 3: Relationships & Love \$27.00 This is a unique publication and is specifically aimed to use with Kinesiology. One of the most popular in the series.



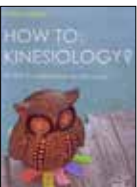
BOOK 5: Nutrition & Weight Management \$43.00 A complete package that asks the pertinent questions on health & vitality. Includes physical, mental, emotional, spiritual and nutritional scan lists as well as overviews to vitamins, minerals, heavy metals, diet types and much, much more.



BOOK 6: Abundance & Business Management \$33.00
This manual is both a tool for therapists working with clients on the topic or a workbook for individuals wanting to improve their business, life skills & attitude relating to money.



BOOK 8: Spiritual Development \$57.00 This manual is not one on how to find enlightenment, but one that offers a faster road to clearing fears that may be holding you back. A huge compendium of information from Astrology and Chakras to Light Bodies and Yoga - too numerous to cover the 162 pages here.



BOOK 9: Meridians Made easy \$23.00 Everything you want on hand about each meridian in one handy reference.



BOOK 10: Face Reading \$27.00
Covers the most common traits and includes diagrams, explanations and employment opportunities and challenges relating to each feature. Use this technique of face reading to sum up a client before designing a treatment program tailor made for them.

BOOK 4: Learning Enhancement \$33 (see Page 1)

To Come..... (being published in 2018)

- Book 7: Physical Pain & Fitness



**Read Again without Glasses
Book & DVD \$30**

It has now been more than 19 years since the author, Leo Angart, threw away his glasses. In this follow up to *Improve Your Eyesight Naturally*,

Leo concentrates on curing presbyopia, the inability to focus on near objects. He explains what presbyopia is and how you can tone your eye muscles, release tension and build up energy in order to regain your natural eyesight. There are three main principles involved in Vision Training: • Belief and emotions, • Physical training of the eye muscles, • Relaxation - natural clear eyesight is effortless.

The DVD that accompanies the book includes instructions and demonstrations.



The Drug Conversation \$35

**How to Talk to your Child about
Drugs**

This is a book for parents about how to raise the thorny issue of drugs with their teenage children.

Drugs have never been more available and your child is almost certain to come across them at some point, often with little idea of the risks. We need to talk with our children about drugs - talking before they come across drugs can help them make better choices - but it's not always straightforward. This book gives you advice on ways to have this important conversation and provides parents with clear, up to date, accurate information about 'psychoactive' drugs and their effects. It gives plenty of information to help you understand how drugs work in the brain, what problems they cause and which treatments are most effective. Plus more.

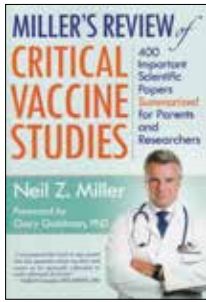


Spoonfed Generation \$35

Its well established that parents in western countries such as Australia currently do too much for their kids, albeit with good intentions. All this well-intentioned activity may make for an easier life at home but it encourages children to be dependent on adults for

longer. This is the exact opposite of what parents have done in the past, which is to develop their children's independence and achieve the most important parenting outcome of all their own redundancy. Spoonfed Generation will explain the importance of children's independence and the vital stages to letting go. An important book for our time, from a well respected author of books on raising children.

Special Interest



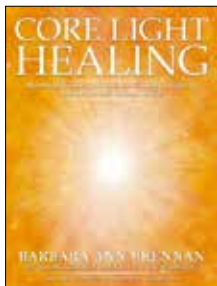
Miller's Review of Critical Vaccine Studies

by Neil Miller \$33.00

400 Important Scientific Papers Summarised for Parents and Researchers.

In a time where the conventional medical/scientific paradigm is that vaccines are basically a necessity and essentially harmless, the arguments against vaccination are often shot down, suppressed or lidded very quickly. Making sense of all this is difficult and that is where this book comes in, as it covers 400 papers, summarised and ready to be perused with greater ease than compiling the facts together oneself.

Most of the scientific studies summarised in this book are peer reviewed studies published in medical journals and indexed by the world's largest medical library. The papers are organised into 24 chapters, each containing several studies on a particular topic, such as aluminium adjuvants, pathogen evolution and sudden infant death. There is nothing like this book anywhere in the world. It is an important collection of information to aid in understanding the full picture of vaccinations in the world today. **Recommended by Philip Rafferty in his presentation at the 2017 Kinesiology Conference.**

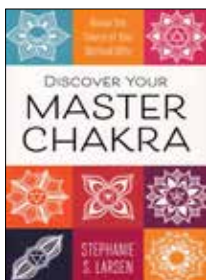


Core Light Healing

by Barbara Brennan \$40

My Personal Journey....

Core Light Healing is the first book in twenty years from Barbara Brennan and sequel to her two classic works, Hands of Light and Light Emerging. In Part 1, Barbara reviews the configuration of the Human Energy-Consciousness System (HECS); then she goes on to describe the creative process as it flows through the HECS. When the creative pulse is unblocked, we are able to manifest our longing—but we all have blocks that stop the creative flow due to wounding and traumas from childhood. Part 2 takes us to the astral world or the 4th level of the HECS to explore its relation to the creative process. It begins with an explanation of how high sense perception works, so we can begin to perceive not only the 4th level but also other levels of the HECS. Then she explains in detail how the 4th level functions, discussing blocks that may have occurred through multiple lifetimes.



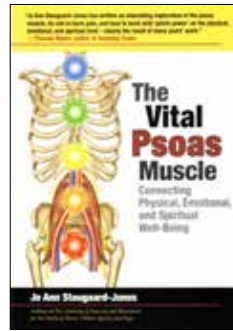
Discover Your Master Chakra

by Stephanie Larson \$35

Reveal the Source of Your Spiritual Gifts

Learn how to better understand yourself and the people in your life with your master chakra. Everyone has a master chakra that defines who they are and how they interact with others. This insightful book offers you guidance on using your master chakra on the path to greater love, harmony, and fulfilment.

Bestsellers Last Newsletter

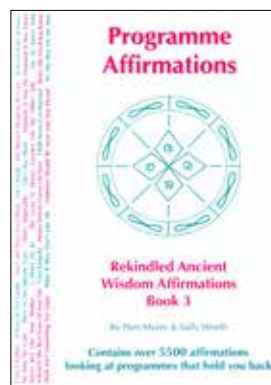


The Vital Psoas Muscle

by Jo Ann Staugaard-Jones \$37

Connecting Physical, Emotional & Spiritual Wellbeing

Alternative approach to understanding and balancing the most important skeletal muscle in the body, aimed at the layperson as well as the professional body practitioner concerned with core strengthening and psoas-related back, hip, knee, and pelvic tension issues. This book explores how the psoas affects the health of the body, mind & spirit. It has detailed illustrations and key stretching and strengthening exercises and other methods for releasing this muscle.



Affirmation Book 3 PROGRAMMES \$38

**Latest Addition to the
'Affirmation Book'
Series of A4 Manuals**
by Pam Myers & Sally Worth

Contains over 5500 affirmations looking at programmes that hold you back. This manual follows the presentation of the first 2 Affirmation Books, and is also grouped into themes page by page with related sub affirmations to complete the page.

Covers all those ubiquitous programmes we sometimes take on board, perhaps despise, or even occasionally laugh at or enjoy. Remember these:

- * Money Doesn't Grow On Trees
- * No Pain, No Gain
- * It Runs In the Family
- * Children Should be Seen & Not Heard

Truly an remarkable & useful publication!
Spiral Bound A4 manual of 142 pages

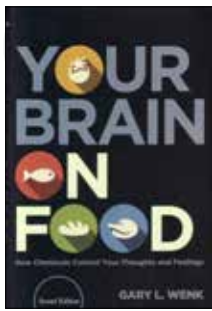


Metaphysical Anatomy Technique Volume 2

by Evette Rose \$44

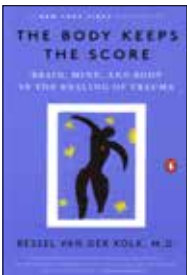
**NOTE: This is a new edition of the
previous volume 2 but it is
essentially a new publication.**

Metaphysical Anatomy Technique V2 explains the core foundation and healing technique behind Metaphysical Anatomy V1. The old volume 2 was a synopsis of volume 1, but this new edition is a title that stands alone even if one already has the old Volume 2. As it suggests it is more about the technique and practice of the Metaphysical Anatomy concept and covers the conditions activated by circumstances in your present life, your ancestry, conception, womb, birth trauma, childhood or adult life. A valuable and important book. *Metaphysical Anatomy V1 is available and contains the causations related to 679 medical conditions.* \$125.00, 730 pages



Your Brain On Food by Gary Wenk \$47 HC

How chemicals control your thoughts & feelings. A fascinating read on how certain foods, plants and chemicals alter the very essence of your brain cells functioning and thus your behaviour and mood. Written in a delightfully reader friendly style, with kernels of history sprinkled throughout, this book provides both interest and insight into how our appetites influence our brains, - and thus our thoughts and actions. In this 2nd edition, Dr. Wenk, a Neuroscientist, draws on the latest science to answers a range of food/chemical discussions that relate to brain function.



The Body Keeps the Score by Bessel Van Der Kolk MD \$33

Brain, Mind & Body in the Healing of Trauma

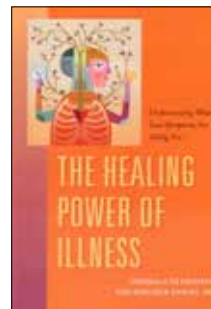
Recent scientific advances to show how trauma literally reshapes both body and brain, compromising sufferers' capacities for pleasure, engagement, self-control, and trust. The author explores innovative treatments from neurofeedback and meditation to sports, drama, and yoga that offer new paths to recovery by activating the brain's natural neuroplasticity. Based on Dr. van der Kolk's own research (particularly re Vietnam veterans) and that of other leading specialists.

Gaia Essence \$36



New from Ian White of Australian Bush Flower Essences and is the third of the Divine Presence Essences (following the Isis and Solar Logos Essences). Stock Bottle

- Re-establishes our connection with our Higher Self and gets us back in touch with our Divine Purpose, all in a very grounded way.
- Helps us to be centred; connected to the Divine; present in our body, heart and mind and to radiate our light into the world.
- Grounds and anchors us on a deep spiritual level and raises our consciousness.
- Assists us to let in and fully experience the Solar Logos energy flooding down on the Earth.
- Forges a loving, protective sense to the Earth/Gaia.
- Opens and aligns us to the transformational changes happening within and around us.
- Balances within us our divine masculine and divine feminine.
- Encourages us to feel safe with, and be more accepting of change and the ensuing flow of emotion.



The Healing Power of Illness by T. Dethelefsen & R. Dahlke MD \$35

A classic - now back in print after a long absence.

Understand what your symptoms are telling you. When you see symptoms as bodily expressions of psychological or spiritual conflicts, you can use them as guides to heal. Every disease pattern expresses in a certain way, every organ or region of the body has a particular significance. Chapter by Chapter, piece by piece this book explores beautifully how the physical map of our health and wellbeing has its own pscho-spiritual counterpart.

INTERNATIONAL ORDERS

Cost Of Your Order:

We recommend you email us your potential order so we can quote you on the cost of your order including freight to your country. Prices in our catalogues & newsletters and on our website are in Australian Dollars and include our local taxes. International orders are tax free, so the prices will be less than shown in this newsletter.

Payments:

Email: Email your Visa or MasterCard details to us at info@kinesiologyshop.com. If you would like different options for doing this let us know.

PayPal: We can send you a paypal invoice so you can pay via paypal.

General:

- Orders are sent Airmail or Express depending on weight and destination.
- Orders are usually dispatched within one or two working days, from receipt of payment. For most parts of the world, Airmail usually will take 7-10 days from dispatch date, but allow 2-3 weeks to be sure.
- We have been selling kinesiology materials within Australia and various parts of the world for 30 years. We wish to assure you of our year's of experience.

Please do not hesitate to email or fax us with any questions.

In Health - Michael Wild