

Sonia Macaro



Sonia is a staff member at Equilibrium, and has been doing Spiritual Mentoring, Divine Guidance Counselling & Healings for approximately 25 years. She also runs Meditations & Chakra, Crystal & Life Change classes all things spiritual/wholistic.

Soul-Body-Spirit alignment, NLP Empowerment Coach, Reiki Master. Medical Intuitive. Managing Ascension symptoms, (clearing) psychic empath energy connections/attachments, psychic boundaries, Oracle card reading. The Purpose Process-healing core triggers of fear/resistance, body aches, drama, anxiety, allergies, self sabotage, victim mindset, depression, addictions. Regression & Healing of Childhood/foetus/past life other, Generational, Cultural patterns.



Ask Sonia about Energy Management and the use of Selenite for Shielding & as an amazing Tool for Practitioners.

**Appointments & Classes available outside of her hours of work at the shop.
Treatments are suitable for all ages and conditions.**

For details contact:

**Sonia Macaro 0412 111 358
or FaceBook Messenger**